COURSE TITLE: Introduction to Community Health Advocacy
Allied Health 210

COURSE LOCATION: WSU Kettering Center
Room 012 & as announced

MEETING TIMES: Tuesdays and Thursdays, 1-3pm

FACULTY:
Kay Parent, MPH, RN, CHES
Program Director, Health Promotion Disease Prevention
Office: Center for Healthy Communities
140 E. Monument Ave.
Dayton, OH 45042
775-1103
kay.parent@wright.edu

Kimberly Conner
Community Health Advocate Program Coordinator
Office: Sinclair Community College, 13-204
512-4039
kimberly.conner@sinclair.edu

Dionne Simmons, BSH
Program Director, Kinship Caregiver Program
Office: Center for Healthy Communities
140 E. Monument Ave.
Dayton, OH 45042
775-1116
dionne.henderson@wright.edu

Carla Clasen, MPH, RN
Co-Director, Center for Healthy Communities
Office: Center for Healthy Communities
140 E. Monument Ave.
Dayton, OH 45042
775-1119
carla.clasen@wright.edu

OFFICE HOURS: By appointment

COURSE DESCRIPTION:
Students will be introduced to community health concepts, resources, and skills related to the role and responsibilities of a Community Health Advocate locally and nationally. Special emphasis will be placed on factors to consider when working in community based settings; characteristics of health models and plans; impact of culture and socioeconomic status on individual’s health, communication; barriers to health care services; and related community resources.

CREDIT ALLOCATION:
Four credit hours will be awarded the student who successfully completes the course requirements.
**COURSE OBJECTIVES:**
During or at the completion of this course, the student will be able to:

1. Describe community health models and the roles, responsibilities, and skills of a community health advocate and their role in improved community health
2. Demonstrate knowledge of barriers to primary health care
3. Identify specific community resources related to identified client needs and the process to obtain the services.
4. Describe examples of appropriate personal safety practices during community outreach activities
5. Identify health promotion and disease prevention behavioral strategies as a part of primary health care
6. Describe in general terms health payment plans and public sector services
7. Discuss basic effective communication techniques and barriers to effective communication
8. Identify the roles and types of documentation and evaluation used by community health outreach programs
9. Demonstrate knowledge of the relationship of culture and individuals’ health practices, beliefs, and use of health and social services.
10. Demonstrate general awareness of health care needs for individuals across the life span and related health care and social services
11. Demonstrate knowledge of state and national laws/policies applicable to working with community members
12. Demonstrate understanding of health disparities in health care as defined by Healthy People 2010

**TEACHING STRATEGIES:**

Group discussions; role playing; community presentations, guest speakers, audio visuals; self assessment exercises; panel presentations; computer searches, resource identification, and updates on community resources.

**COURSE REQUIREMENTS:**
1. Attendance and participation in class discussions are required in this course. The class participation portion of your grade may be affected by absences. Credit will not be granted if there are more than four absences.
2. Assigned readings and preparation must be completed prior to each class.
3. Individual resource presentations
4. Completion of class assignments – one point will be deducted from assignment grade for each class an assignment is late
5. Completion of self-assessment tools

**EVALUATION/GRADING:**

- Class participation .................................................. 15%
- Individual presentations on resources........................... 15%
- Completion of class assignments................................ 25%
- Quizzes…(3 @ 15 points each)..................................... 45%
## COURSE SCHEDULE

Subject to revision without notice. Changes will be announced in class.

<table>
<thead>
<tr>
<th>Week &amp; date</th>
<th>Class topic</th>
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<tbody>
<tr>
<td>ONE Jan 2</td>
<td>Introduction and orientation to the class</td>
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<tr>
<td>Jan 4</td>
<td>Purpose and benefits of community health advocates</td>
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<td>TWO Jan 9</td>
<td>Roles of community health advocates past and present</td>
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<tr>
<td>Jan 11</td>
<td>Basic concepts of health promotion and disease prevention</td>
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<td>THREE Jan 16</td>
<td>Barriers to access/use of health care</td>
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<td>Jan 18</td>
<td>Cultural health beliefs and practices (Panel Discussion)</td>
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<tr>
<td>FOUR Jan 23</td>
<td>Community Resources, part 1 (QUIZ 1/2 -1/18)</td>
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<td>Jan 25</td>
<td>Community Resources, part 2</td>
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<tr>
<td>FIVE Jan 39</td>
<td>Communication</td>
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<tr>
<td>Feb 1</td>
<td>Communicating to groups</td>
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<td>SIX Feb 6</td>
<td>Practice limitations</td>
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<tr>
<td>Feb 9</td>
<td>Referrals and links to services</td>
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<tr>
<td>SEVEN Feb 13</td>
<td>Health care financing</td>
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<td>Feb 15</td>
<td>Legal advocacy</td>
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<tr>
<td>EIGHT Feb 20</td>
<td>Documentation (Quiz 1/23 – 2/15)</td>
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<td>Feb 22</td>
<td>Broad determinants of health</td>
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<td>NINE Feb 27</td>
<td>Health disparities</td>
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<tr>
<td>Mar 1</td>
<td>Cultural competency</td>
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<td>TEN Mar 6</td>
<td>Safety issues</td>
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<td>Mar 8</td>
<td>(QUIZ covering 2/22-3/6) – Community Agency assignment</td>
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<tr>
<td>ELEVEN Mar 13</td>
<td>Individual Presentations</td>
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<td>Mar 15</td>
<td>Evaluations and wrap up</td>
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