

Goals and Objectives for Foot and Ankle Rotation

Resident Years: PGY3

1. Workup and present a patient with a foot/ankle problem specifying the working diagnosis, additional studies to confirm or change the diagnosis, the treatment alternatives and expected outcome. This includes demonstrating the ability to take a detailed history and perform an accurate foot and ankle exam.
2. Recognize and take into account the lower extremity angular and rotational alignment, foot type, footwear, relevant biomechanics, and lifestyle.
3. Prescribe appropriate orthotics/prosthetics and shoe wear modifications.
4. Describe the natural history of the patient's problem if untreated, treated non-operatively and treated operatively.
5. Correctly assist and apply dressings, splints, and casts for protecting injuries and post-operative conditions.
6. Perform local anesthesia to include: ankle, metatarsal and digital blocks; field local infiltration; joint injection for pain localization.
7. Demonstrate pre-op readiness by specifying the following for each case:
 - a) Surgical indications and goals.
 - b) Incision, approach relevant anatomy and step-by-step procedure.
 - c) Three-dimensional considerations.
 - d) Expected difficulties and potential pitfalls.
 - e) Contingency plans.
 - f) Criteria of acceptable results.
8. Perform and assist surgical procedures for common foot and ankle problems: hammertoe, bunions, tendon transfers, ankle subtalar and single joint fusions, excision of OCD's, osteotomies, ankle ligament reconstruction, removal of hardware.
9. List the equipment needed for all the basic procedures and demonstrate the ability to correctly review the completeness of this equipment before starting a procedure.
10. Demonstrate attention to detail in follow-up for post-operative patients.
11. Recognize the post-op foot/ankle in trouble.
12. Demonstrate the ability to recognize and initiate treatment of complications.
13. Critique foot and ankle literature at the Department Journal Clubs.