

College Mental Health Track

Time Commitment

- R2 - Elective month at University of Dayton Counseling and Wellness Services
- R3 – ½ day per week providing clinical care at a pre-designated college mental health center
- R-4 – Time equivalent of two 1/2 days per week at a pre-designated college mental health center; details of work product to be determined by supervisor and resident prior to beginning R4 year but must be described by one of the following options detailed below
- If the resident is selected to enter the Wright State Child and Adolescent Psychiatry training program, they will continue this track and have their community psychiatry experience during the first year of fellowship, they will have ½ day Clinic in R4 year, and 1 day in R5 year (can be either: 1 day of clinic or ½ day clinic and ½ day research)

Objectives:

By the completion of this track the resident will be able to:

- Diagnose and manage a variety of mental illnesses in a university population using a developmental approach.
- Initiate quality improvement project and scholarly activities involving university mental health activities
- Participate in mental health outreach to a university population
- Participate in an interdisciplinary team aimed at the collaboration of medication and therapy in psychiatric treatment

Experiences:

- Spend the R2 elective month at UD CWS center
- Spend ½ day per week during the R3 year providing mental health services to university students at a pre-designated college mental health center
- Spend a total of two ½ days per week during the R4 year participating in work product relevant to UD CWS as detailed in one of the options below:
 - Continuity Clinic ½ day at UD & ½ day academic + clinical work
- As an R4 the resident will assist with supervising junior residents who are working with patients a pre-designated college mental health center.
- Provide education to other members of interdisciplinary team of a pre-designated college mental health center as requested via PowerPoints or presentations as determined by resident and requesting parties
- Prepare publishable paper on a University Mental health topic or present on a college mental health topic at a Departmental Grand Rounds, regional, state or national meetings
- Develop and implement a Quality Improvement project relevant to university students

- Present during the Transition to Practice R4 didactic about special considerations for college-age students to increase awareness in these populations
- Additional readings as assigned

Track Supervisor(s):

- Dr. Ryan Mast, Dr. Bethany Harper

Maximum number of residents:

- 2 residents per year

Application Process:

- Residents must apply by 1 April of their R1 year so that selection can be made and schedules fixed by May of the R1 year
- The track supervisor will determine the selection process if there are more applicants than slots