VISIT US

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SCHEDULE YOUR COVID-19 VACCINATION

- Visit: www.vaccines.gov/search/
- Scan Here
- Or talk to your doctor in office

For more information visit: www.cdc.gov/coronavirus/2019-ncov/
PRECAUTIONS

Stay home as much as possible for the first 10 days after arrival.

Look for symptoms of COVID-19 and take your temperature if you feel sick.

Wear mask when outside of home. Mask should cover your nose and mouth and fit snugly against the sides of your face.

When around others, stay at least 2 m (6 ft) from other people who are not from your household.

Wash your hands often or use hand sanitizer that contains at least 60% alcohol.

Avoid being around people at increased risk for severe illness from COVID-19.

If you get sick with symptoms of COVID-19, call ahead before seeing a doctor.

SYMPTOMS

Cough, difficulty breathing

New loss of taste or smell

Body aches

Vomiting or diarrhea

Fever, chills

Look for symptoms of COVID-19 and take your temperature if you feel sick.

Fever is 100.4°F/38°C or higher.

*Sickness: If you get sick with fever, cough, or other symptoms of COVID-19:

Stay home. Avoid contact with others until it is safe for you to end home isolation. You might have COVID-19, most people are able to recover at home without medical care.

Call your resettlement agency case worker if you need help, such as needing an interpreter to talk to a doctor.

Stay in touch with a doctor. If you are worried about your symptoms, call or text before you go to a doctor’s office or emergency room. Tell them about your recent travel and your symptoms.

If you have an emergency warning sign, call 911 to get emergency medical care immediately. Tell them about your recent travel and your symptoms.

If you live in close quarters with others, take additional precautions to protect them.