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SCHEDULE YOUR COVID-19 VACCINATION

 Visit: www.vaccines.g ov/search/



- Scan Here _
- Or talk to your doctor in office

For more information visit: www.cdc.gov/coronavirus/2019-ncov/



COVID-19 INFORMATION BROCHURE

Presented in collaboration with:





PRECAUTIONS



Stay home as much as possible for the first 10 days after arrival.

Look for symptoms of COVID-19 and take your temperature if you feel sick.





Wear mask when outside of home. Mask should cover your nose and mouth and fit snualy against the sides of your face.

When around others, stay at least 2 m (6 ft) from other people who are not from your household.





Wash your hands often or use hand sanitizer that contains at least 60% alcohol.

Avoid being around people at increased risk for severe illness from COVID-19.





If you get sick with symptoms of COVID-19, call ahead before seeing a doctor.

SYMPTOMS



Cough, difficulty breathing

New loss of taste or smell



chills

Vomiting or Fever. diarrhea

Look for symptoms of COVID-19 and take your temperature if you feel sick.

Fever is 100.4°F/38°C or higher.

*Seek medical care immediately if someone has emergency warning signs of COVID-19.

• Trouble breathing Persistent pain or

Body

aches

- pressure in the chest
- New confusion
- Inability to wake or stay awake
 - Pale, gray, or blue-colored skin, lips or nail beds, depending on skin tone

SICKNESS

If you get sick with fever, cough, or other symptoms of COVID-19:



Stay home. Avoid contact with others until it is safe for you to end home isolation. You might have **COVID-19**; most people are able to recover at home without medical

Call your resettlement agency case worker if you need help, such as needing an interpreter to talk to a

Stay in touch with a doctor. If you are worried about your symptoms, call or text before you go to a doctor's office or emergency room. Tell them about your recent travel and your



If you have an emergency warning sign, call 911 to get emergency medical care immediately. Tell them about your recent travel and your symptoms.



If you live in close quarters with others. take additional precautions to protect them.