Goals and Objectives for Hand Rotation

Resident Years: PGY1, PGY2, PGY4

1. Workup and present a patient with common hand problems specifying the diagnosis, additional studies and treatment options. This should include the ability to take a detailed history and perform an accurate exam.

2. Describe the natural history of the patient's problem if untreated, treated non-operatively and treated operatively.

3. Correctly assist and apply dressings, casts, braces, and orthotics to protect post-operative conditions.

4. Demonstrate pre-op readiness by specifying the following for each case:
   a) Surgical indications.
   b) Incision, approach relevant anatomy and step-by-step procedure.
   c) Expected difficulties and pitfalls.
   d) Contingency plans.
   e) Criteria of acceptable result.
   f) List equipment needed for the fixation of hand and wrist fractures.
   g) Demonstrate attention to detail in follow-up for post-op patient.
   h) Recognize early complications.

5. The resident will dissect anatomic specimens during the rotation and demonstrate a thorough understanding of all anatomy and surgical approaches.

6. Residents will be part of a continuum of care for each particular patient.

7. Residents are required to participate in all didactic teaching activities at MVH.

8. The resident will develop technical skill in the use of cortisone injections about the hand and wrist.