



Physician Leadership Development Program Newsletter

Fall 2018

Vol. 6, Issue 1



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Physician Leadership Development Program
Department of Population and Public Health Sciences
3123 Research Blvd.
Suite 200
Kettering, OH 45420

Sabrina Neeley, Ph.D., M.P.H.
PLDP Program Director
sabrina.neeley@wright.edu

Carla Lachecki, M.A.
PLDP Program Coordinator
carla.lachecki@wright.edu

medicine.wright.edu/pldp

Celebrating the Class of 2018

Congratulations to the newest alumni of the Physician Leadership Development Program! Chaitanya Bukkapatnam, M.D., M.B.A.; Justin Kelley, M.D., M.P.H.; Neil Knight, M.D., M.P.H.; Alexandra Lawson, M.D., M.P.H.; and Kara Callahan, M.D., M.P.H., graduated alongside 91 of their colleagues during the 38th Boonshoft School of Medicine Graduation Ceremony on May 10, 2018. The ceremony was held at the Schuster Center, with Dr. Gregory Toussaint delivering the commencement address.

2018 PLDP Cohort Match Overview

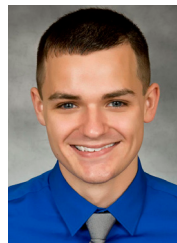


Chaitanya Bukkapatnam, M.D., M.B.A.

Hometown: Culpeper, Ohio

Medical Specialty: Neurology

Residency: University of Wisconsin Hospital and Clinics, Madison, WI



Justin Kelley, M.D., M.P.H.

Hometown: Washington Courthouse, Ohio

Medical Specialty: Pathology

Residency: University of Michigan Hospitals, Ann Arbor, MI



Neil Knight, M.D., M.P.H.

Hometown: Lorain, Ohio

Medical Specialty: Physical Medicine and Rehabilitation

Residency: Riverside Methodist, Columbus, OH



Alexandra Lawson, M.D., M.P.H.

Hometown: Loveland, Ohio

Medical Specialty: Family Medicine

Residency: University of South Florida, Tampa, FL



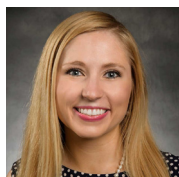
Kara (Yutzy) Callahan, M.D., M.P.H.

Hometown: West Jefferson, Ohio

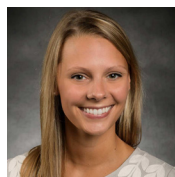
Medical Specialty: Family Medicine

Residency: Oregon Health and Science University, Klamath Falls, OR

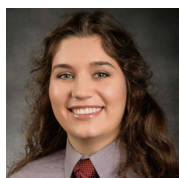
Student Updates & Achievements



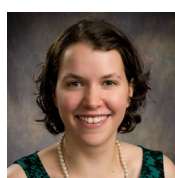
Katelynn Alcorn (M.D./M.P.H. Candidate, Class of 2021) is completing her family medicine longitudinal clinical rotation at PriMed Physicians working for Meaghan Ebetino, M.D., M.P.H. '13, a PLDP graduate. Katelynn is working on a quality improvement project to ensure Dr. Ebetino's patients are up to date on their preventive screenings. Katelynn says she feels incredibly fortunate to be working with Dr. Ebetino because she is already encouraging her to self-reflect after each clinic day.



Taylor Yeates (M.D./M.P.H. Candidate, Class of 2021) has been chosen as the graduate assistant for the PLDP program during the 2018 fall semester. She is completing her family medicine longitudinal clinical rotation at Rocking Horse Community Health Center working for Yamini Teegala, M.B.B.S., M.P.H. Her M.P.H. APE will involve developing a social determinant of health survey to incorporate into the electronic health record and her M.P.H. ILE will examine pediatric mild traumatic brain injury.



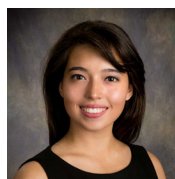
Jacqueline Jacobs (M.D./M.P.H. Candidate, Class of 2021) is completing her family medicine longitudinal clinical rotation at two different sites. For the first half of the year, she will be working at Greene Memorial Hospital with Dr. Helena Duque-Pages, M.D. For the second half of the year, she will be working at Family Health Services of Darke County with Sherry Adkins, M.D. '11, a PLDP graduate. Jacqueline will be completing her M.P.H. Applied Practice Experience (APE) with Boonshoft Pride.



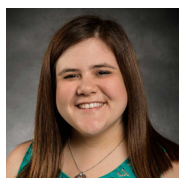
Megan Smith, M.P.H. (Class of 2020), recently published an abstract in a review article titled, "Ovulation Induction for the General Gynecologist," in the *Journal of Obstetrics and Gynecology of India*. Megan also co-authored a book chapter with Steve Lindheim, M.D., M.M.M., entitled, "Assisted Reproductive Technology in Organ Transplant Recipients." It was accepted to be published by Springer Publishing.



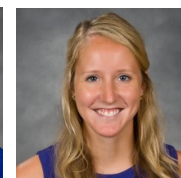
Amanda Lin (M.D./M.P.H. Candidate, Class of 2021) is completing her family medicine longitudinal clinical rotation at Main Street Family Practice working for Aco Jovanov, M.D. She plans to work with the National Multiple Sclerosis Society for her M.P.H. APE and Integrative Learning Experience (ILE).



Katrina Thede, M.B.A. (Class of 2020), was awarded a four-week internship with the Multiple Sclerosis Society in New Orleans this past summer. She worked with leading specialists to help treat patients with multiple sclerosis.



Jessica Sokol (M.D./M.P.H. Candidate, Class of 2021) has been chosen as the graduate assistant for the PLDP program during the 2019 spring semester. She is completing her family medicine longitudinal clinical rotation at Five Rivers Family Health Center and Wright State Physicians, working for Anne Proulx, D.O. She plans on working with Boonshoft Pride for her M.P.H. APE. Her M.P.H. ILE will focus on the health needs of the aging LGBT population. Jessica was in charge of the 2018 Boonshoft Student Leadership Conference that focused on patient advocacy.



Nathan Steele, M.B.A. (Class of 2019), and **Stephanie Welsh**, M.P.H. (Class of 2019), were selected for Alpha Omega Alpha, an honor society in the field of medicine.

Our Mission: To develop leaders in medicine, health systems, and population health through education, communication, collaboration, advocacy, and experience.

Our Vision: As students in the Physician Leadership Development Program pursuing integrated degrees in medicine, public health, and business administration, we envision an educational community of global citizens devoted to leadership development, community building, innovation, and advocacy.

Alumni Q&A: Lakshmana Swamy, M.D., M.B.A. '13

This issue's Alumni Q&A is with Lakshmana Swamy, M.D., M.B.A., who is board certified in internal medicine and a graduate of the Physician Leadership Development Program.

Dr. Swamy completed his internal medicine residency at Boston University Medical Center in 2016. He currently serves as a pulmonary and critical care fellow at Boston Medical Center. He also works with the National Accreditation Council for Graduate Medical Education's Clinical Learning Environment Review on the subject of wellness and physician burnout.

Why did you decide to pursue the dual degree?

"The problems with the delivery of health care – the 'systems' of care – are widespread and well known, if not well understood. As an early medical student, it

"It feels like everything I do builds my career up without necessarily having a goal in mind – as one of my mentors told me recently, the job you're going to have that will define your career doesn't exist yet."

was apparent to me that even the smartest and hardest working doctor would always be held back by our broken systems of care. I knew I wanted to work on those systems, and the dual-degree program focused on just that. In fact, I was able to spend three months in Boston focusing on health care quality and safety and learning it on the ground at hospitals while working with the Institute for Healthcare Improvement. This sort of self-designed elective opened incredible opportunities for me, and wouldn't have been possible without the dual-degree program."

How have you been able to utilize your master's degree, both in the past and present?

"The M.B.A. provided me with foundational knowledge and exposure that led to a critical change in my perspective. For the first time, I was able to see things outside the lens of clinical

medicine. The perspective change was the start. Since then, I have found myself able to identify patient safety and systems issues quickly and accurately, and the M.B.A. certainly helped me learn how to actually make a difference. I focused my M.B.A. on quality and safety, and I use that every day in my clinical work as a pulmonary/critical care fellow as well as in my quality improvement (QI) and research work. An understanding of finances and accounting, key principles of operations/supply chain management, marketing skills and, of course, leadership and management training have all been integral to my work. It was not as obvious in the early and more grueling clinical years, but once I started to explore my options, it was amazing how often people would say, "Oh, you've got an M.B.A.! You should talk to this person...you should definitely get involved with this..." It broadcast my skills and interest in a meaningful way."

What new project and roles are you currently working on?

"I've spent the past few years involved in QI and safety at the national level – working with organizations like the Institute for Healthcare Improvement, the Accreditation Council for Graduate Medical Education (ACGME), and others. Through those experiences, I have become more interested in the impact of broken systems on providers. I am currently studying burnout in the intensive care unit and the downstream impact of burnout on clinicians as well as patients. While studying this in an academic sense, I am also speaking about the broader concepts of burnout and joy in work as a sort of professional speaker. This niche has allowed me to build a strong support network for research and general career interests."

What are your career plans for the future, near or distant?

"I'm pursuing an academic career right now - working towards obtaining grant funding to study the impact of care



delivery on providers and patients. In the distant future, I could see myself in a leadership role at an organization dedicated to these topics, or as a thought leader in the field backed up by my research or in a different role entirely. It feels like everything I do builds my career up without necessarily having a goal in mind – as one of my mentors told me recently, the job you're going to have that will define your career doesn't exist yet. I love that idea, because health care needs that kind of radical change."

If you could go back in time to when you first started medical school and give yourself advice, what would it be?

"Patient care always comes first, and with that comes the need to learn all of the medicine. To be taken seriously as a leader in health care, you need to establish yourself as an excellent clinician and reliable colleague. It is hard for a boardroom to ignore a doctor who can smoothly transition from improving quality metrics in the ICU to talking about the real impact of a central line infection on a patient I took care of last month. After that, building your network is everything! I know early on it feels like the 'network' is just to get you into residency or fellowship, but it is far more than that. Spend time thinking about your network – it is already bigger than you think it is. Nurture it and it will nurture

you. Although we were tucked away in southern Ohio, the dual-degree program was eye opening and supported us in networking broadly. The connections I made back then are some of the strongest I have

"This niche has allowed me to build a strong support network for research and general career interests."

today and have led to some of the greatest opportunities I've had yet - speaking internationally on topics close to my heart is only possible because of the support of the friends and colleagues I've developed over the years, and that all started at the PLDP!"

PLDP Events

Boonshoft Pride hosted a Sexual History Taking Workshop on September 20, 2018, at White Hall. The workshop provided students the opportunity to practice their sexual history taking skills with LGBTQ+ patients in a low-stress environment. Jacqueline Jacobs, PLDP Class of 2021, organized and ran the event for one of her M.P.H. Applied Practice Experiences. She recruited LGBTQ+ members from Wright State and Dayton to act as practice patients for students of the Wright State University Boonshoft School of Medicine and the School of Professional Psychology. Over fifty students attended the event.

Wright State University Boonshoft School of Medicine hosted its annual Leadership Conference on Saturday, October 13, 2018. Jessica Sokol, PLDP Class of 2021, and Lauren Wichman, a third-year medical student, were in charge of running the event. This year's conference focused on patient advocacy. The keynote speaker was Nancy Pook, M.D., FACEP, medical director and clinical services chief at Kettering Medical Center Emergency Department. Dr. Pook and her colleagues created a new program at Kettering Medical Center in October 2017 that sought to reduce opioid use among its patients.

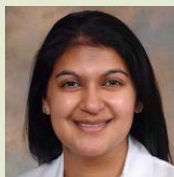
PLDP will be hosting a Project DAWN (Deaths Avoided with Naloxone) training for first- and second-year medical students during the fall semester. Project DAWN is a community-based overdose education program that helps prepare trainees to recognize signs and symptoms of an overdose, distinguish between different types of overdose, perform CPR, and administer intranasal naloxone.



Alumni Updates



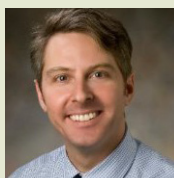
Michael Baria, M.D., M.B.A., PLDP Class of 2011, works in Columbus, Ohio, at The Ohio State University's Sports Medicine Department. He is an assistant professor and director of Orthobiologics. He is involved in clinical research in the area of biologics, including stem cells for the treatment of early osteoarthritis.



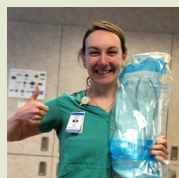
Kiran Faryar, M.D., M.P.H., PLDP Class of 2013, is finishing her first year as faculty at University of Cincinnati's Department of Emergency Medicine. She is performing research on emergency department-based linkage to care for patients with opioid use disorder. She is also involved in the Early Intervention Program (EIP) at the University of Cincinnati.



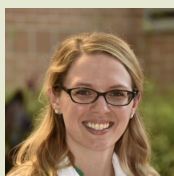
Katie Imhof, M.D., M.P.H., PLDP Class of 2011, currently works in Pinehurst, North Carolina, for Sandhills Emergency Physicians.



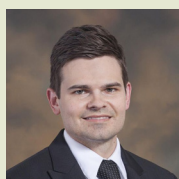
Robert Mikan, M.D., M.B.A., PLDP Class of 2013, spent the entirety of his post-residency career in the medical device industry. Initially, he supported both surgery and the otolaryngology head and neck surgery business units as a medical advisor for a global medical device company. He recently transitioned into a related job as an industry physician in Silicon Valley, where he leads teams that manage the clinical and cyber risk profiles for implantable cardiac rhythm and heart failure devices.



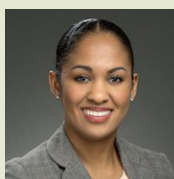
Breanna Bolivar, M.D., M.P.H., PLDP Class of 2012, is currently working as an OB/GYN Hospitalist in Asheville, North Carolina. She is the Patient Safety Officer for Women's Services. She says the dual-degree program has helped her in patient safety work and in hospital administrative tasks such as order set updates and protocol formation.



Betty Cheney Kelly, M.D., M.P.H., PLDP Class of 2015, is currently working at the Arnold Palmer Medical Center in Orlando, Florida, as chief resident. She is also an American Academy of Pediatrics National Program Delegate. She was recently awarded the Pediatric Resident Peer Recognition Award and the Orlando Health Resident Leadership Award. She is currently looking for primary care positions that will allow her to be an advocate for her patients and community.



Thomas Hagele, M.D., M.B.A., PLDP Class of 2012, currently works in Newark, Ohio as a dermatologist.



Jasmin Scott Hawkins, M.D., M.P.H., PLDP Class of 2016, works in Los Angeles, California, as a third-year resident in psychiatry. She is a Student National Medical Association Future Leadership Fellows' Mentor. She was recently awarded the American Psychiatric Association/American Psychiatric Association Foundation (APA/APAF) Child and Adolescent Psychiatry Fellowship.



Sandeep Palakodeti, M.D., M.P.H., PLDP Class of 2012, is regional medical officer at CareMore Health, a division of Anthem, Inc., in Memphis, Tennessee. Previously, he was a senior associate consultant at Mayo Clinic, where he practiced as an academic hospitalist. Additionally, he was co-founder and chief medical officer of Sherbit.io, an artificial intelligence-based health analytics company, which was acquired by Medopad. Dr. Palakodeti just published an article titled, "Rethinking How Medicaid Patients Receive Care." The article can be found in the Harvard Business Review.



Michael Robertson, M.D., M.B.A., PLDP Class of 2016, is a third-year resident in family medicine in Dayton, Ohio. He is the resident coordinator for the Dayton Ladder Program and a Wright State University Alumni Board Member. He anticipates being able to do some administration work at the practice level and eventually doing academic work as well. Outside of the medical field, he hopes to be involved in additional entrepreneurial ventures.



Colleen McCormick Badke, M.D., M.P.H., PLDP Class of 2013, currently lives in Chicago, Illinois, and works at Ann & Robert H. Lurie Children's Hospital of Chicago as a pediatric critical care fellow. She is one of three fellows who sit on the Program Evaluation Committee, which involves needs assessments, curriculum development, and program change implementation to ensure compliance with the ACGME.



Alexandra Lawson, M.D., M.P.H., PLDP Class of 2018, was commissioned into the Air Force on July 27, 2018.