



In Touch

Physician Leadership Development Program Newsletter

Winter 2020

Vol. 7, Issue 1



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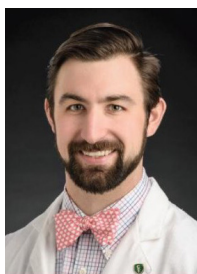
Celebrating the class of 2019!

On May 28, 2019, we celebrated the graduation of our newest alumni class of the Physician Leadership Development Program: **Jessica Brown, M.D., M.P.H.**; **Michael Holbrook, M.D., M.B.A.**; **Nathan Steele, M.D., M.B.A.**; and **Stephanie Welsh, M.D., M.P.H.** We wish them the very best in their residencies. Congratulations!



Jessica Brown, M.D., M.P.H.

Hometown: Washington, D.C.
Family Medicine
UC San Diego Medical Center, San Diego, CA



Michael Holbrook, M.D., M.B.A.

Hometown: Cincinnati, OH
Emergency Medicine
Henry Ford Hospital, Detroit, MI



Nathan Steele, M.D., M.B.A.

Hometown: Cleveland, OH
Internal Medicine
Emory University, Atlanta, GA



Stephanie Welsh, M.D., M.P.H.

Hometown: Charlotte, NC
Obstetrics and Gynecology
Carolinas Medical Center, Charlotte, NC

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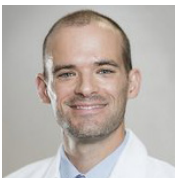
Alumni Updates



Aaron Patterson, M.D., M.B.A., PLDP Class of 2009, works in New York, New York, as Associate Chief Medical Information Officer for Mount Sinai Health System and as Senior Director of Clinical Operations for Mount Sinai Beth Israel, Attending Psychiatrist. He created the position he currently holds and now leads a team in clinical informatics. He is helping with the design of two new facilities and preparing to transition one facility to a new electronic health record (EHR). Mount Sinai Health System was one of 10 in the country selected to be part of the ACGME health disparities collaborative and Dr. Patterson serves as the team leader. He is also leading the integration of preferred names and pronouns into registration systems and to display within the EHR to help staff greet patients appropriately. Dr. Patterson is leading the development of expanded Sexual Orientation/Gender Identity questions within the medical history section to enhance the care of LGBT+ patients. He also has started a private practice that is separate from the health system, where he sees patients. A wellness program that he created has now been integrated into a system-wide initiative. Dr. Patterson recently became a fellow of the American Psychiatric Association.



Katie Takayasu, M.D., M.B.A., PLDP Class of 2009, works in Darien, Connecticut, as an Attending at Stamford Hospital's Center for Integrative Medicine & Wellness and Assistant Clinical Professor in Medicine at Columbia University. In addition to working full time, she has launched a website, www.DrKatie.com, to spread the message of wellness. She is currently working on research studying the effect of CBD oil on chronic pain. She has also been nominated to represent Stamford Hospital for the Magida Award for Fairfield County's Top Doctor under 40 years old.



Jeffery Jenks, M.D., M.P.H., PLDP Class of 2010, works in San Diego, California, as an Internal Medicine Attending at the University of California, San Diego. He serves as a member of the Tuberculosis Elimination Initiative through the County of San Diego Health and Human Services Agency. He is actively involved in clinical tuberculosis research as well as clinical and translational mycology research. Dr. Jenks was recently awarded the European Confederation of Medical Mycology (ECMM) Young Investigator Award, 2019.

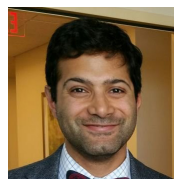


Pooja Lahoti, M.D., M.B.A., PLDP Class of 2012, works in Delaware, Ohio, as a Family Medicine physician. She is currently working on starting a mobile clinic for prenatal care and medication-assisted treatment for opioid use disorder.



Colleen McCormick Badke, M.D., M.P.H., PLDP Class of 2013, currently lives in Chicago, Illinois and works at Ann & Robert H. Lurie Children's Hospital of Chicago. She is in her third and final year as a

Pediatric Critical Care Medicine Fellow. Her current leadership experiences include administrative responsibilities as a senior fellow, acting as the fellow representative on several PICU committees, and being the physician lead for the hospital's Infant Safe Sleep task force. In addition to the safe sleep work, Dr. Badke participates in multiple research projects within the PICU. They include creation of a predictive model to identify children at highest risk of morbidity and mortality, for which she received an internal grant; implementation of a virtual reality program and analysis of physiologic changes of children using virtual reality; impact of CPR coaches during simulated cardiopulmonary arrest; and implementation of restrictive transfusion guidelines for children admitted to the PICU. Dr. Badke's primary research goals as a pediatric intensivist are how to identify the children most at risk for disease progression and mortality, whether these children can be identified early (<12-24 hours into their PICU admission), and whether clinician awareness about high-risk children influences overall outcome.



Lakshman Swamy, M.D., M.B.A., PLDP Class of 2013, works in Boston, Massachusetts, as a Pulmonary and Critical Care Fellow at Boston Medical Center. He also works with the National Accreditation Council for Graduate Medical Education's Clinical Learning Environment Review on the subject of wellness and physician burnout. Dr. Swamy has published several papers on physician burnout and has begun publishing a new case series. He recently received an abstract scholarship.



Rebecca Beesley, M.D., M.P.H., PLDP Class of 2016, works in Charlotte, North Carolina, as an Attending in the Department of Family Medicine at Atrium Health. She recently transitioned with some dedicated time for research. She previously served as the inpatient liaison and worked to develop and establish inpatient curriculum. Dr. Beesley recently completed a research project concerning pediatric and adolescent psychiatric admissions and is now starting to become involved in clinical trials. She was also accepted into the UNC Academy of Educators. She hopes to develop in her new role of community health research and aims to improve health equity in her community.



Jasmin Scott Hawkins, M.D., M.P.H., PLDP Class of 2016, works in Los Angeles, California, as a Child and Adolescent Psychiatry Fellow at Harbor UCLA Medical Center. She serves as 2019-2020 APA Child and Adolescent Psychiatry Fellowship Chair. She was recently awarded the AACAP Education Outreach Program Award, 2019.



Michael Robertson, M.D., M.B.A., PLDP Class of 2016, is a Family Medicine Attending at Middletown Family Practice in Middletown, Ohio. He currently serves on the Wright State University Alumni Board. He has worked as part of the strategic planning committee, and started a business, Glamorous

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Alumni Q&A: Sarah Elswick, M.D., M.B.A., '13



This issue's Alumni Q&A is with Sarah Elswick, M.D., M.B.A. She is a 2013 graduate of the Physician Leadership Development Program.

Dr. Elswick completed her plastic surgery residency in 2019 at Mayo Clinic School of Medicine in Rochester, MN. She currently is a private practice physician. Dr. Elswick is passionate about breast reconstruction and is conducting research on the outcomes of pre-pectoral breast reconstruction.

Why did you decide to pursue the dual degree?

My interest in pursuing an M.D./M.B.A. actually stemmed from the experiences I had in college. I started college as an aerospace engineering major with the goal of becoming an astronaut. After my freshman year, I landed my dream job at NASA working as a co-op. As the end of my summer drew near, I realized that while working in the aerospace engineering field was exciting, I did not feel fulfilled.

I spent the subsequent years in college exploring different fields related to science and ultimately decided that I wanted to become a doctor. Fortunately, I

had the opportunity to experience many different specialties and practice types. It was through these experiences that I began to realize how important having a knowledge of business was to succeed in the medical field. Not only would it be beneficial if I entered a private practice setting, but it was also essential to be able to communicate with administrators. Lastly, I saw that having business knowledge as a physician would enable me to fill a niche and open the door to leadership opportunities.

How have you been able to utilize your Master's degree, both in the past and present?

Having an M.B.A. has opened numerous doors for me. Having a basic understanding of how businesses run with my baseline

residency, and ultimately helped me land my dream job in private practice. Not many physicians have an M.B.A., so this got me in the door for many interviews. On a more practical note, I believe it has given me a mindset and a way to approach my life so I can be successful.

What new projects and roles are you currently working on?

I recently completed my plastic surgery residency at Mayo Clinic and took a job in private practice in Michigan. My biggest project now is learning how to function as a private practice physician and implementing the knowledge I obtained from my M.B.A. into the real world. I am also very passionate about breast reconstruction and am finishing up numerous papers on outcomes of pre-pectoral breast reconstruction, which is a new and evolving technique.

What are your career plans for the future, near or distant?

My career plans for the future are to develop my own identity in my practice and develop a niche in my market. My focus has always been to give patients high-quality results. I never settle for "ok", so it is important to me to continue to strive for excellence. There is a lot of noise in the plastic surgery field, so being able to tell what

techniques and technologies truly offer the patient and physician value can be extremely difficult.

In addition, I joined a solo practitioner who will be scaling back and retiring so learning how to create and sustain a successful private practice is also going to be an essential part of my career in the coming years.

If you could go back in time to when you first started medical school and give yourself advice, what would it be?

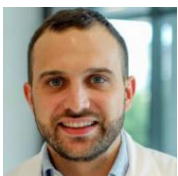
I had many struggles in medical school and residency. One of my biggest hurdles was being an introvert. Prior to transitioning to a plastic surgery residency, I received negative feedback about this aspect of my personality, mostly because I think I was misunderstood. Part of it was because I was in a general surgery residency where I was not happy and did not fit in. When I entered plastic surgery residency, everything changed and I finally felt accepted. There are two important lessons to be learned from this experience: 1.) make sure that you choose a specialty and residency that feels right for your needs, and 2.) always be yourself because you will find where you belong. My other piece of advice is to never give up on your dreams. I was told "no" so many times on my journey to becoming a plastic surgeon but because I was determined to succeed, I am exactly where I wanted to be at this point in my life.

"I am exactly where I wanted to be at this point in my life."

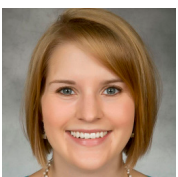
business knowledge has helped me excel at performing research, allowed me to serve as an administrative chief for two years in my plastic surgery

Alumni Updates (cont.)

Event Planning, LLC. Outside of the medical field, he hopes to be involved in additional entrepreneurial ventures and become involved in health care policy.

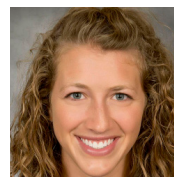


Nick Christian, M.D., M.B.A., PLDP Class of 2017, works in Austin, Texas, as a chief resident in internal medicine at the University of Texas. He serves as a missional resident at Community First Village where he helped to establish a buprenorphine team. His research focuses on opioid use disorder as well as an analysis of health care experiences among the formerly homeless. He was elected chief resident for academic year 2020-2021.



Alexandra (Allie) Lawson, M.D., M.P.H., PLDP Class of 2018, was commissioned into the Air Force

on July 27, 2018. She is currently a PGY2 Resident at University of South Florida (USF) Morton Plant Mease Family Medicine Residency, Clearwater, Florida. She has been offered many opportunities through her residency program, including Florida Academy of Family Physicians Representative, Recruiter for USF Family Medicine, Electronic Medical Record Resident Representative, and Doctor of the Day. She is also a co-creator of LGBTQ curriculum at USF. Allie was awarded the First Year Resident Obstetrics Award.



Kara [Yutzy] Callahan, M.D., M.P.H., PLDP Class of 2018, works in Klamath Falls, Oregon, as a resident in the Cascades East Family Medicine Residency. She serves on the QI committee.

PLDP Events

The PLDP Council and Emergency Medicine Interest Group co-sponsored an event this past November on campus, educating students on HAZMAT and the value of an M.P.H. degree in Emergency Medicine. This event was organized by Kyle Henneke, PLDP Class of 2023. The event included a film screening and a presentation from Kettering Health Network (KHN) on HAZMAT protocols. KHN also brought an emergency response vehicle, allowing students to try on complete HAZMAT gear!

The Wright State University Boonshoft School of Medicine's annual Leadership Conference will be under the direction of the PLDP Council in 2020. Scheduled for a Saturday, the theme for the conference will be "Innovation in Medicine." The committee is seeking PLDP alumni who have found creative solutions to organizational needs, have branched out into new industries, or created a niche within their field. Please email the PLDP GA (som-pldp@wright.edu) if you would like to volunteer to help educate and inspire the next generation of physicians!

Student Updates & Achievements



Shanice Akoto, M.P.H. (Class of 2020) is applying to OB/GYN residency programs. She is collaborating with Parvaneh Nouri on a survey investigating the relationship between cannabis use during pregnancy and screening measurements for mood and anxiety disorders. They are looking for common themes in survey responses regarding frequency and reasons for cannabis use during pregnancy to identify opportunities for care and connection to resources. Additionally, Shanice hopes to identify ways to adapt and improve pre-natal care for those participating in cannabis use.



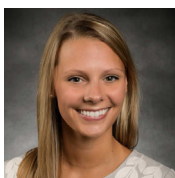
Parvaneh Nouri, M.P.H. (Class of 2020), is applying to psychiatry residency programs. She is also collaborating with Shanice Akoto on a survey investigating the relationship between cannabis use during pregnancy and screening measurements for mood and anxiety disorders. They will highlight any common themes in survey responses regarding frequency and reasons for cannabis use during pregnancy to identify opportunities for care and connection to resources. Additionally, Parvaneh hopes to identify resources and interventional strategies to help patients avoid cannabis use during pregnancy.



Megan Smith, M.P.H. (Class of 2020) is applying to pathology residency programs. She is continuing to volunteer as a crisis counselor for Crisis Text Line and is currently the president of the Pathology Interest Group.



Amanda Lin, M.P.H. (Class of 2021) recently completed her neurology clerkship and believes she has found her calling. She is working to publish the capstone research she completed for her M.P.H. She has taken an interest to wood-working and recently traveled to Dallas, Texas.



Taylor Yeates, M.P.H. (Class of 2021) recently presented at the Ohio Association of Community Health Center's 2019 Fall Operations Conference.



The presentation was titled, "Beyond Social Determinants of Health." She is also helping with research at Rocking Horse Community Health Center regarding the Safe Environment for Every Kid (SEEK) questionnaire.

Ben Clouse, M.S. (M.D./M.P.H./M.Ed. Candidate, Class of 2022) has been serving as the graduate assistant for the PLDP program for the 2019-2020 academic year. He is completing his family medicine longitudinal clinical rotation at Wright State Physicians under Dr. Anne Proulx. For his M.P.H. applied practical experience, Ben developed a global health student curriculum pilot with the Global Health Clinic at Five Rivers Family Health Clinic. For his M.P.H. capstone, he has partnered with Dayton Children's Hospital and the Southwest Ohio Regional Trauma Systems Committee on a quality improvement project titled, "CT Scan Effective Radiation Dose Reduction in Pediatric Trauma Patients." The purpose of the QI project is to reduce the overexposure to pediatric trauma patients whom present to and receive imaging at adult trauma centers.



Nakachi Maduka, M.D. (M.B.A. Candidate, Class of 2023) is currently engaged with volunteering, research, and coursework. In the summer, she participated in the AHEC Family Medicine Preceptor Program at Wright State Family Physicians. She is mentoring at Trotwood Madison Early Learning Center through the Student National Medical Association (SNMA) to provide longitudinal reading tutoring to pre-K through 1st grade students. She also has submitted and presented a research paper on the outcomes of delayed pushing in the nulliparous and multiparous populations to the 2019 Central Research Forum. She is actively involved in the OB/GYN interest group as an executive board member. Nakachi is also involved in Association of Women Surgeons, class council, SNMA volunteer committee, and the Global Health Program, which includes working with refugee populations of Dayton.

Our Mission: To develop leaders in medicine, health systems, and population health through education, communication, collaboration, advocacy, and experience.

Our Vision: As students in the Physician Leadership Development Program pursuing integrated degrees in medicine, public health, and business administration, we envision an educational community of global citizens devoted to leadership development, community building, innovation, and advocacy.