



# In Touch

Physician Leadership Development Program Newsletter

Spring 2017

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## Welcome Xi Cohort, Class of 2021!

The Physician Leadership Development Program welcomes five new dual-degree students. Katelynn Alcorn, Jacqueline Jacobs, Amanda Lin, Jessica Sokol and Taylor Yeates will all be pursuing M.D./M.P.H. degrees. This is the PLDP's fourteenth cohort, named after the fourteenth letter of the Greek alphabet, Xi (ξ, pronounced "sai").

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**Katelynn Alcorn**  
M.P.H. candidate  
**Hometown:**  
Carlisle, OH  
**Education:** Wright State  
University, Dayton, Ohio,

B.S., environmental health science  
**Interests:** Hi! I love doing a lot of different things, and trying new things as well. Some of my favorite things to do are being outside, traveling, eating yummy food (especially sushi), staying active, and of course hanging out with friends and family. Along with becoming a doctor, I'm also working on becoming a wine connoisseur.



**Amanda Lin**  
M.P.H. candidate  
**Hometown:**  
West Chester, OH  
**Education:** Harvard  
University, Cambridge,

Massachusetts, B.A., neurobiology  
**Interests:** I love puzzles, cards, Pictionary, Taboo, and escape room-type games. Recently, I've begun to meddle in the world of woodworking, particularly in turning pens and building boxes. I'm also an avid tennis player and am always looking for new people to play with!



**Jacqueline Jacobs**  
M.P.H. candidate  
**Hometown:**  
Ewington, OH  
**Education:** Ohio  
University, Athens, Ohio,  
B.S., biological sciences

**Interests:** Drawing is my favorite and most accessible hobby, but going to museums (especially natural history museums) is a close second. When I have enough free time, I also thoroughly enjoy playing video games. I particularly like RPGs and other games that force you to think. Other than these interests, I am up for trying almost anything as I love to constantly learn and experience new things.



**Jessica Sokol**  
M.P.H. candidate  
**Hometown:**  
San Antonio, TX  
**Education:** Boston  
University, Boston,

Massachusetts, B.S., human physiology  
**Interests:** I love traveling both locally and internationally. I like doing any activity related to the water. I will watch pretty much any movie. I am a very passionate Spurs fan and semi-passionate Red Sox fan. I am a theater nerd and love watching plays. I am also excited to explore Ohio with all of you!



**Taylor Yeates**  
M.P.H. candidate  
**Hometown:**  
Worthington, OH  
**Education:** The Ohio  
State University,

Columbus, Ohio, B.S., biology  
**Interests:** I am active and outdoorsy. I love skiing, hiking, running, playing sports, boating, etc. I also enjoy relaxing and hanging out with family and friends.

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## Student Updates & Achievements



**Nick Christian, M.B.A.** (Class of 2017) was featured in promotional materials for the Raj Sooin School of Business. Check him out at: [business.wright.edu/audience/healthcare-management](http://business.wright.edu/audience/healthcare-management)



**Parvaneh Nouri** (Class of 2020) presented two abstracts at the 2017 American Congress of Obstetricians and Gynecologists (ACOG) Annual Clinical and Scientific Meeting in San Diego, CA in May. She presented a Feedback Workshop at the Academy for Professionalism in Health Care Annual Meeting in Chicago, IL in April. Pari is also working on developing a Spanish Speaking Patient Encounter with the Latino Medical Student Organization, and creating promotional videos and creative writing projects for the BSOM Department of Surgery



**Megan Smith** (Class of 2020) has recently published "*Pelvic Imaging Using Sonography and Hysterosonography in the Female Patient*" as first author in the online textbook *Sonography*. Read it at [AvidScience.com/Book/Sonography](http://AvidScience.com/Book/Sonography).



**Stephanie Welsh** (Class of 2019) presented her M.P.H. culminating experience project about improving pediatric asthma outcomes with the help of Community Health Workers, at the Association for Prevention Teaching and Research (APTR) conference in Savannah, GA in April 2017.



**Kara Yutzy Callahan, M.P.H.** (Class of 2018) received the Primary Care Medical Student Choose Ohio First Scholarship, which provides scholarship funds to resident Ohio medical students who commit to a residency in primary care and, upon completing residency, to practice primary care medicine in Ohio for three years and to serve Medicaid patients.

## In Review: PLDP Events



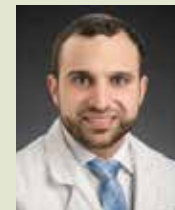
### Annual Celebrating Life and Health Fair

PLDP students volunteered at the 15th Annual Celebrating Life and Health Fair, which took place on April 1st at Sinclair Community College. Students provided biometric screenings and nutrition counseling to Dayton community members free of charge.



### Hilleman: A Perilous Quest to Save the World's Children Film Screening

In April, the PLDP hosted a screening of the 2016 documentary, *Hilleman: A Perilous Quest to Save the World's Children*. This screening sought to highlight the importance of childhood vaccinations by raising awareness of Dr. Maurice Hilleman, the scientist who developed 8 of the 14 routinely recommended vaccines.



### Residency Match Advisory Panel

In April, the PLDP hosted the Residency Match Advisory Panel to celebrate the accomplishments of our PLDP 2017 graduate, Nick Christian. This event serves to recognize our graduates' achievement and to disseminate advice about the residency interview and match process. Congrats, Nick!



### New Video

Our very own Evan Sommer (M.D./M.B.A. Candidate, PLDP Class of 2020) filmed and produced a new promotional video for the PLDP! The video ([vimeo.com/196802137](http://vimeo.com/196802137)) features current students explaining the features of the PLDP and their reasons for joining, with the goal of attracting future members. See more of Evan's work at [SommertimeCreative.com](http://SommertimeCreative.com).

# Alumni Q&A: Sherry Adkins, M.D., M.P.H.

*This issue's Alumni Q&A is with Dr. Sherry Adkins, M.D., M.P.H., who is board certified in Family Medicine and a 2011 graduate of the PLDP. Dr. Adkins completed her residency in Family Medicine at Clinton Memorial Hospital in Wilmington, Ohio, and graduated in 2014. She currently practices rural family medicine at Family Health in New Madison, Ohio, where she works with Boonshoft School of Medicine students through the Wright Rural Health Initiative.*

## **Why did you decide to pursue the dual degree?**

I wanted to be able to impact my patients on a one-on-one level but also to look at wellbeing and health care from a systems perspective, to improve health on a larger scale.

## **How have you been able to utilize your master's degree, both in the past and present?**

The M.P.H. has given me a broader perspective on patient care, the dysfunction of care delivery in the current medical setting, and overall human behavior, which impacts my clinical care greatly. The course on social and behavioral determinants of health gave me a framework to approach patient and clinician behavior and wellbeing. I have also used some of the skills I learned in statistics to conduct background research and administer surveys on provider burnout. I look forward to using my public health training and my concern for physician wellness and workforce issues — such as the closing of primary care residencies, particularly in rural locales — to improve health care in our region.

## **What new projects and roles are you currently working on?**

I am excited to be working with medical students during their family medicine clerkships through the Wright Rural Health Initiative. I am hopeful that more mentorship opportunities will connect rural settings, like the one where I work, with area learners.

Rural settings are ideal for primary care training. I remember that despite having completed pediatrics and OB-GYN rotations in Dayton as a third-year medical student, I had not participated hands-on with a newborn circumcision; there were too many other learners, including residents, to compete with. I then had the great opportunity to rotate with the residency program in the small town of Wilmington, Ohio, and I was soon invited to participate in a circumcision. The physician who invited me to participate was a female who had been teaching with the residency for years. She was so confident and self-assured, and I thought, "I can do this!" I ended up doing my residency there, and the faculty and program were truly remarkable.

Unfortunately, after 17 years of training over 60 family practice residents, the program closed in 2014 due to financial concerns after our hospital was acquired by another company. This experience fueled my passion for protecting the amazing training grounds that have taken years to develop in our rural and small-town programs.

The second role I have undertaken is to lead our facility "burnout blasters" team. We are working to assess and manage burnout among clinicians at Family Health. So far, we have reviewed the literature on burnout, conducted a site survey, and are developing our formal recommendations for interventions.



**The trailer in which the Family Health satellite practice began.**



**The new Family Health building in New Madison, Ohio.**



**Dr. Adkins teaching third-year medical student Karolin Ginting at Family Health.**

## **What are your career plans for the future, near or distant?**

I have truly enjoyed establishing a satellite practice in the small town of New Madison (population ~900). In fact, we started in a trailer or modular unit on the site of a former car wash (didn't I tell you rural health was interesting!). Now we have a beautiful new building to work in. I love direct patient care; the patients encourage and inspire me every day. However, I also enjoy a broader view. I would like to continue to work as an advocate for physicians who may be experiencing unsustainable stress levels, or getting less time working with patients directly — which for most of us, is the heart and joy of medicine. As I

already mentioned, I also have a passion for planning for the future workforce by ensuring excellent training like I received in Wilmington continues to be available. I would love to find creative solutions to the issues that make these small primary care residencies vulnerable to closure.

## **If you could go back in time to when you first started medical school and give yourself advice, what would it be?**

Hold on tight! It will be bumpy at times, but hold on to God; He will always make a way. And hold on to your family and colleagues. We are journeying together, and though we deny it sometimes, we depend on each other to make our way.

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## Alumni Updates



**Amy Rouse, M.D., M.P.H.**, (PLDP Class of 2012) completed her pediatric residency in 2015 from Advocate Christ Children's Hospital in Chicago, IL and is now a Neonatology fellow at Cincinnati Children's Medical Center. Her current area of research is looking at gender differences in the neonate.



**Robert Eick, M.D., M.P.H.**, (PLDP Class of 2013) has recently become Deputy Chief Medical Officer at Community Care of North Carolina.



**Colleen McCormick Badke, M.D., M.P.H.**, (PLDP Class of 2013) will start a fellowship in pediatric critical care medicine this July at Lurie Children's Hospital in Chicago, where she completed pediatric residency and chief residency. She co-leads the acute care floor quality improvement projects as part of the IPSO (Improving Pediatric Sepsis Outcomes) Initiative. She will be presenting her work in improving the safety of pediatric sleep environments at the Pediatric Academic Societies conference this year. She recently presented at the Society for Critical Care Medicine in Hawaii on her quality improvement project for the Pediatric ICU innovation team, Ignite.

**Our Mission:** To develop leaders in medicine, health systems, and population health through education, communication, collaboration, advocacy, and experience

**Our Vision:** As students in the Physician Leadership Development Program pursuing integrated degrees in medicine, public health, and business administration, we envision an educational community of global citizens devoted to leadership development, community building, innovation, and advocacy