



Physician Leadership Development Program Newsletter

Spring 2018

Vol. 5, Issue 2



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Welcome Omicron Cohort, Class of 2021!

The Physician Leadership Development Program is pleased to welcome Omonivie Agboghidi and Benjamin Clouse. The Omicron Cohort is the fifteenth PLDP cohort.



Omonivie Agboghidi – M.P.H. Candidate

Hometown: Moreno Valley, CA

Education:

Canyon Springs High School, Moreno Valley, CA

University of California-Berkeley, B.A., Public Health

University of California-Berkeley, B.A.



Benjamin (Ben) Clouse – M.P.H. and M.Ed. in Instructional Design Candidate

Hometown: New Riegel, OH

Education:

New Riegel High School, New Riegel, OH

Wright State University, B.S., Economics

Wright State University, M.S., Economics

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Congratulations to the newly elected 2018-2019 PLDP Executive Council!

Chair: Shanice Akoto

Vice Chair: Joycelyn Akamune

Treasurer: Ben Clouse

Social Chair: Katrina Thede

Medical School Student Council Representative: Michael Holbrook

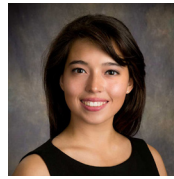
Biennium 2 Committee Representative: Jacqueline Jacobs

Biennium 1 Committee Representative: Omonivie Agboghidi

Student Updates & Achievements



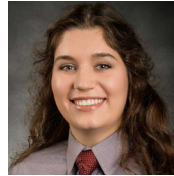
Jessica Brown (Class of 2019) will be presenting her culminating experience, "Evaluation of Services Provided to Pregnant African Refugees by Catholic Social Services Refugee Resettlement Agency in Dayton, Ohio" at the North American Refugee Health Conference, the Student National Medical Association Annual Medication Education Conference, and the 2018 Medical Student Research Symposium.



Katrina Thede (Class of 2020) published an article titled "Transcriptomic analysis of changes in gene expression of immune proteins of gill tissue in response to low environmental temperature in fathead minnows (*Pimephales promelas*).\" The article was published in *Comparative Biochemistry and Physiology Part D: Genomics and Proteomics*.



Michael Holbrook (Class of 2019) is the Medical Student Ambassador for the Academic Emergency Medicine National Conference and is serving as an executive team member for the Institute for Healthcare Improvement: Open School National Health Justice Campaign. Michael served as the first student master of ceremony at the Boonshoft School of Medicine 2018 Match Day event on March 16.



Jacqueline Jacobs (Class of 2021) taught MCAT preparation classes for undergraduate students and assisted in planning Boonshoft Pride's Drag Show.



Stephanie Welsh (Class of 2019) presented a case study, "Folie à Deux in a Mother-Daughter Pair on a Cross-Country Road Trip," at the annual meeting of the American Psychiatric Association in New York City in May 2018.



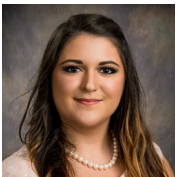
Amanda Lin (Class of 2021) is participating in the development of a STEM-based "Escape the Room" challenge, with the goal of piquing interest in STEM fields among local school-aged children. Amanda also works as a tutor and volunteers with STEPS and Project CURE, a non-profit substance abuse treatment and rehabilitation center.



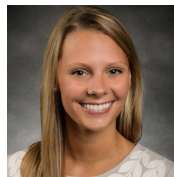
Shanice Akoto (Class of 2020) presented her culminating experience, "Marijuana Use among Pregnant Women in a High-Risk Population," at the Latino Medical Student Association National Conference (Miami, FL) in April.



Jessica Sokol (Class of 2021) is serving as the chair of the Boonshoft School of Medicine Leadership Conference 2018 planning committee. She continues her work in support of LGBT issues, developing a questionnaire to determine the needs of elderly members of the LGBT community. Jessica is working on research surrounding weight maintenance following bariatric surgery.



Parvaneh Nouri (Class of 2020) was selected to serve on the Medical Students for Choice National Board of Directors until 2020. She continues editing two manuscripts, titled "Expanded Carrier Screening: A Current Survey of Physician Utilization and Attitudes" and "Patients' Awareness and Attitudes towards Genetic Carrier Screening." Parvaneh also collaborated with the Family Medicine Interest Group to offer a Mental Health First Aid training to first-year medical students in March.



Taylor Yeates (Class of 2021) participated in the planning of the Ob/Gyn Interest Group's "Enhancing your Portfolio" event and the Medical Ethics Interest Group's Step 1 Ethics Review Session. She is also involved with the local chapter of the American Medical Women's Association, through which she helped to plan a "Night at the Gallery" event celebrating women in medicine. To raise class morale, Taylor hosts a weekly puppy party for medical student dog owners.



Megan C. Smith (Class of 2020) spoke on the subject of addiction at the January meeting of the Montgomery County Drug-Free Coalition. Megan is also in the final stages of authoring an invited review article on the subject of ovulation induction for the general practitioner.

Alumni Q&A: Robert Eick, M.D., M.P.H.

Dr. Robert Eick graduated from the Physician Leadership Development Program in 2013 as a member of the Zeta cohort. His medical career has taken a unique trajectory into health care reform and quality improvement. Currently living in North Carolina, Dr. Eick is dedicated to transforming health care at the system level. We checked in with him to learn how he makes the most of his dual degree.

What's new in your career in the last year or so?

In 2013, I made the difficult decision to pursue a health care career outside of clinical practice, leaving residency training in Family Medicine at the University of North Carolina at Chapel Hill. Since then, I have been fortunate to lead teams focused on multiple innovative health care initiatives. These

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new models of care, directed at health care payment reform, practice transformation, and quality improvement have been funded by the CMS Innovation Center, and have included the ACO Investment Model (AIM), and the Transforming Clinical Practice Initiative (TCPI) Practice Transformation Network (PTN). I served previously as Executive Director at the North Carolina Community Health Center Association (NCCHCA), and as Deputy Chief Medical Officer at Community Care of North Carolina (CCNC), a not-for-profit organization in North Carolina that manages care for greater than 1.7 million Medicaid recipients. CCNC's approach to caring for patients with Medicaid has been recognized as a national model.

In recent months, I have been an independent consultant, focused on Medicaid reform efforts in North Carolina, as well as optimizing value-based care

opportunities and team-based care within the community health center setting.

What factors contributed to your decision to move away from clinical practice in favor of administration?

While I certainly enjoyed caring for patients and the fulfillment of having such a direct ability to help improve the well-being of individuals' lives, I found that I was most energized by health system-level work and the ability to participate at an administrative and leadership level in the health care payment and practice reform opportunities realized with the passage of the Affordable Care Act. My career path thus far has certainly been untraditional, but I have found it to be highly rewarding and full of diverse, stimulating professional opportunities.

How does your M.P.H. complement your M.D. degree?

So much of health care, and improving health, is social. Prior to medical school, I saw the opportunity to also study public health as an ideal way to embrace this reality and enable a population-level approach to my future career in medicine. I saw the opportunity to address the health needs of both the individual and the population as an extremely motivating proposition. For me, as a medical doctor who has chosen not to practice, my public health training has been an instrumental complement to my M.D. degree as I have embraced more non-traditional roles in health care.

In addition to the M.P.H. training, the leadership focus of the PLDP has also been very beneficial. I have been fortunate to lead teams and initiatives composed of diverse, highly trained health care profession-



als, including nurses, social workers, physicians, Ph.D.'s, quality-improvement experts, and others. While I am proud that much of the medical training at Wright State was team-based, the additional leadership and administrative training that I gained within the PDLP has been especially beneficial, enabling my success in leading diverse health care teams.

What advice do you have for dual-degree students early in their education?

My advice is to embrace the diversity that this opportunity presents to you. I have found that experiences that remind me of why I got into medicine to begin with have been vital in helping guide and drive me despite the rigors of a career in health care. The dual-degree program is such an excellent opportunity to keep at front of mind a main motivation that brought many of us to health care to begin with — the chance to have a role in reshaping the

"My advice is to embrace the diversity that this opportunity presents to you."

health of a given population or sub-population. It is certainly easy to lose sight of your initial inspiration to choose health care as a career path in the midst of the rigors of medical school — remembering the embryologic origin of this and that, driving into the hospital at 4 a.m. to round on the labor and delivery floor during your OB rotation, prepping for and dealing with the angst of your next USMLE exam, and so on. The dual-degree program, however, afforded the ability to have these vital, in-the-weeds experiences of medical education and to maintain a higher-level view of health and how the many moving parts

PLDP Events



Unrest Film Screening

On February 20, 2018, the PLDP partnered with the Student Interest Group in Neurology and the Psychiatry Student Interest Group at Wright State University Boonshoft School of Medicine to host a screening of *Unrest*. This documentary explores one woman's painful experience of living with myalgic encephalomyelitis, or chronic fatigue syndrome. Often dismissed by physicians as psychosomatic, this condition affects millions worldwide. After viewing the documentary, attendees held a discussion about pain management, humanistic patient care, and future research into neurological and psychological diseases.



"Caring for the Patient with Addiction: an Interprofessional Approach"

An interprofessional team led by PLDP students Megan Smith and Parvaneh Nouri organized a symposium on addiction for graduate students of the health professions. The symposium, held on February 18, included a case discussion with a simulated patient, an expert panel on addiction, and a resource fair showcasing local mental health agencies.



Forty-five students of medicine, pharmacy, nursing, psychology, and counseling attended, along with 20 representatives of local agencies fighting addiction.



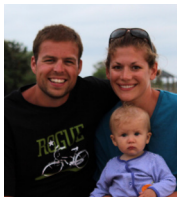
Alumni Updates



Katie Takayasu, M.D., M.B.A., PLDP Class of 2009, was recently promoted to assistant professor of clinical medicine at Columbia University and works full time at Stamford Hospital's Center for Integrative Medicine and Wellness in Connecticut. She was recognized by her peers as Physician of the Quarter at Stamford Hospital in September 2017, and is one of the most junior physicians to receive this recognition.



Ashleigh Welko, M.D., M.P.H., Class of 2014, accepted a position as an attending physician at Cardon Children's Hospital in Mesa, AZ, and serves as a physician representative to the hospital's Quality and Safety Committee.



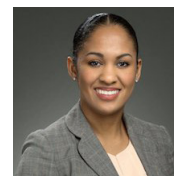
Brian Merrill, M.D., M.B.A., PLDP Class of 2011, accepted a position as director of community psychiatry at Wright State University, where he received a \$250,000 grant from Ohio Mental Health and Addiction Services (OMHAS) to start a treatment program for people experiencing first-episode psychosis. Dr. Merrill's 2017 research was published in *Schizophrenia Research and Journal of Telemedicine and Telecare*.



Betty Cheney Kelly, M.D., M.P.H., PLDP Class of 2015, will accept a position as chief pediatric resident at University of Florida at Orlando Health. Dr. Kelly is an American Academy of Pediatrics program delegate and advocates for CHIP funding extensions and health care access for all children.



Lakshman Swamy, M.D., M.B.A., PLDP Class of 2013, is a Pulmonary and Critical Care fellow at Boston Medical Center. Dr. Swamy has devoted himself to the study of physician wellness and burnout, working with the National Accreditation Council for Graduate Medical Education Clinical Learning Environment Review (ACGME - CLER) on the subject of wellness and physician burnout. He will be speaking on the subject at the 2018 National ACGME Conference and at Massachusetts General Hospital.



Jasmin Scott-Hawkins, M.D., M.P.H., PLDP Class of 2016, was appointed as a resident member to the American Academy of Child and Adolescent Psychiatry (AACAP) Committee for Adolescent Psychiatry. In addition, Dr. Scott-Hawkins was honored with the 2016-17 Psychiatry Intern of the Year Award and the 2017 AACAP Educational Outreach Program Award.

Our Mission: To develop leaders in medicine, health systems, and population health through education, communication, collaboration, advocacy, and experience

Our Vision: As students in the Physician Leadership Development Program pursuing integrated degrees in medicine, public health, and business administration, we envision an educational community of global citizens devoted to leadership development, community building, innovation, and advocacy.