

PRomoting Engagement for Safe Tapering of Opioids (PRESTO) Ohio Department of Higher Education Third Frontier Grant

Resource Guide

CDC – Interactive Training Series on Applying CDC’s Guideline for Prescribing Opioids

<https://www.cdc.gov/drugoverdose/training/online-training.html>

VA Opioid Taper Decision Tool

https://www.pbm.va.gov/AcademicDetailingService/Documents/Pain_Opioid_Taper_Tool_IB_10_939_P9_6820.pdf

Take Charge Ohio – Toolkit for Healthcare Professionals

<https://takechargeohio.org/Toolkits/Healthcare-Professionals>

AAFP Chronic Pain Management Tool

<https://www.aafp.org/patient-care/public-health/pain-opioids/cpm-toolkit.html>

Wright State University PRESTO Tool Kit

<https://medicine.wright.edu/family-medicine/presto-promoting-engagement-for-safe-tapering-of-opioids>

Video Links

Initial assessment of chronic pain patient:

<https://www.youtube.com/watch?v=VFKGEqSMZzc>

Follow up appointment for chronic pain:

https://www.youtube.com/watch?v=ur_PxJ8QPCM

Opioid agreement:

<https://www.youtube.com/watch?v=So7rGNUmQcQ>

Discontinuing opioids

<https://www.youtube.com/watch?v=GhPoWgLAvfU>



Cultivating Engagement

- Tell me more about **current behavior**.
- What do you like about **current behavior**? *Summarize*
- What don't you like about **current behavior**?
- How might your **current behavior** be related to your **medical concern**?
- Suppose you don't make any change. How does that look to you going forward? (How would this affect **something the patient cares about**?)
- Given that there are some things you don't like about **current behavior** and that you have some concerns about not making any change, how ready would you be to make a change? (0-10 scale)
- Why not a lower number? (skip if 7-10)
- What would change look like for you?