

Psychotherapy Track

Time Commitment:

- R2 – One-month elective
- R3 – Two ½ days per week in Resident Therapy Clinic
- R4 – Two ½ days per week in Resident Therapy Clinic plus a one month elective
- As the ½ day during the R3 year will be in lieu of Community Psychiatry that experience will need to be made up in the R4 year.
- If the resident is selected to enter the Wright State Child and Adolescent Psychiatry training program they will continue this track and have their community psychiatry experience during the first year of fellowship

Objectives:

By the completion of this track the resident will be able to:

- Competently provide a broad array of psychotherapy services
- Instruct/supervise medical students and junior residents providing psychotherapy
- Participate in organizations promoting psychotherapy
- Complete scholarly projects related to patients with psychotherapy

Experiences:

- Provide a total of 415 of supervised psychotherapy hours
- Prepare a publishable paper on a psychotherapy related topic
- Attend regional, state or national meetings related to psychotherapy
- Develop and implement a Quality Improvement project relevant to psychotherapy
- Present on a psychotherapy topic at a Departmental Grand Rounds, regional, state or national meetings
- As an R2 attend the medical student psychotherapy elective
- As an R4 help lead the medical student psychotherapy elective
- Assist in leading the Introduction to Psychotherapy, Cognitive-Behavior Therapy and/or Psychodynamic Theory courses
- Participate in co-leading a Psychotherapy Case Conference
- Additional readings as assigned

Maximum number of residents

- Two residents per year

Application Process

- Residents must apply by 1 April of their R1 year so that selection can be made and schedules fixed by May of the R1 year
- The track supervisor will determine the selection process if there are more applicants than slots

Track Supervisor:

- Dr. Cowan