



# ED Update

Wright State Emergency Medicine Residency  
Department of Emergency Medicine

Volume 37, Issue 2 Fall 2014

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## FROM THE EDITOR'S DESK

Greetings all! I hope this edition of the *ED Update* finds you and yours well. Once again, and in the seeming blink of an eye, another crop of R3s have graduated and a new class of interns has started. This is a transitional time in the Wright State University Residency Program; our R1 class knows Dr. **James Brown** solely as their Department Chair (no more "Assistant PD"), and Dr. **Edward Fieg** as their sole Program Director. The mark of Dr. Fieg has already been felt, as resident work hours have increased across the board and performance expectations have become more rigorous. The goal? Minting better-trained emergency physicians ready for the challenges of clinical practice and equipped to tackle their written and oral boards. Having spent most Friday afternoons for the last 16 years of my life in resident conference, I find myself both invigorated and disoriented when arriving at our new Tuesday 7 A.M. small group and didactic sessions. To be completely frank, I find coffee far more effective at perking up the brain in the morning hours than when trying to overcome Friday afternoon post-lunch-narcolepsy. The switch away from "death-by-PowerPoint" is also refreshing. Small group sessions are resident-driven and faculty-guided, allowing me to discreetly smile when my group really seems to "get it," and to clutch my chest from angina when patients with ankle sprains are getting D-dimers and head CTs. Here is the latest and the greatest from the WSU EM Residency Program.

Read on...  
Brian L. Springer



"The end of an era of Friday Conference 34 years"



"Rise & Shine to Tuesday Morning Conference July 1, 2014"



2014 graduate Eddie Smith taking a ride on the Friday cart to the last Friday conference.



## Cassie's Bulletin

- Cassie Browning



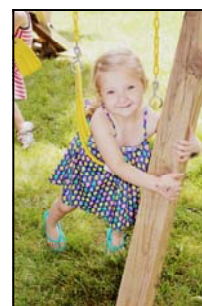
The R2s had a chance to learn about extrication during the R2 Extrication Course this past spring. Thanks to the Kettering Fire Department for making this course possible for our residents.

## R2 EXTRICATION COURSE





## 2014 ORIENTATION PICNIC AND ANNUAL SOFTBALL GAME





## A COUPLE SURPRISES!

In August and September we had a few surprises at Cox... deer and firetrucks!

### MAMA AND BABY

A mama deer and her baby decided to pay our front lawn a visit one August afternoon.



## FIRETRUCKS

First deer...then firetrucks. This was not a simulation. In September, an electrical burning smell took over the Cox building. Upon inspection, smoke was found in a basement room. An alarm was pulled and everyone made it out safely. The fire department showed up quickly and found that it was wheel bearings on an air compressor that were burning. Thankfully there was no fire.





## CONGRATULATIONS!!!



Congratulations to **Dr. Ray Ten Eyck**. He became a grandpa for the first time on August 8, 2014 when his daughter Ashley gave birth to Greta Susan Collins. She was born at 4:37 pm. She weighed 7 lb. 15 oz. and was 19.5 inches long.



Congratulations to our Budget Manager, Shirley Foreman. Her grandson Cole Allen Foreman was born on February 20, 2014 at 5:17 pm. He weighed 7 lb. 15 oz and was 21.25 inches long.

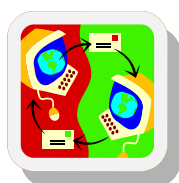


### KEEP IN TOUCH

You can be in our next issue! If you have anything you would like to share with the residency, including birth announcements, and would like it to go in the *ED Update* please email it to me at [cassandra.browning@wright.edu](mailto:cassandra.browning@wright.edu) and I will put it in an upcoming issue. We would love to hear from you!

Also, please remember to keep us updated on any address, phone number and/or email changes so we can keep in contact.

We are on Facebook! If you would like to become a member of our private Facebook group page email me at [cassandra.browning@wright.edu](mailto:cassandra.browning@wright.edu) and I will email you an invite to join in the fun.







## Springer's Stuff

- Brian Springer, M.D.

### POLICE ACADEMY

The police academy is now a distant memory. My thanks to those who somehow made their way through the horrendous February squall and to the graduation ceremony (and the beer and wings that followed.) Kim tested the limits of her Jeep's 4-wheel-drive and her own driving skills as we navigated the frozen tundra on our way to the Greene County Criminal Justice Academy. When I finally was able to provide the WSU EM administrative staff with their Christmas lunch (in March!) they surprised me with a celebratory cake provided by Dave Shablak (baked by his wife.) My thanks to Cassie, Ben, Alaine, Shirley, Lynn, Chris, Nancy, and both Daves for celebrating my graduation and commission. Sorry though, I probably cannot get you out of any speeding tickets.



*Brian & Kim at Greene County Criminal Justice Academy Graduation, February 2014.*



*Graduation cake at Cox Institute.*

### OTOA CONFERENCE

Ohio Tactical Officers Association held their Annual Training Conference here in Dayton May 19-22. As the organization's tactical medical director, and with the conference being held in our home town, I wanted the training to be something special. I tasked Dr. **JR Pickett** to take his greatly praised EMS Cadaver Anatomy and Procedure lab and revamp it for tactical medic providers. With a snappy salute and "yessir", Dr. Pickett immediately turned around and instructed then-R3 Dr. **Heidi Abraham** to make it happen. And what a job she did. We had tactical medical providers from throughout Ohio attend, and faculty from Wright State University, Ohio State University and Cleveland MetroHealth in teaching roles. Class participants practiced life-saving procedures on fresh cadavers and high-fidelity simulators, reviewed critical anatomy and physiology using cadaver pro-sections, and got to try out the latest tactical medical gear. My thanks to our local talent: Drs. **John Wightman**, **Ray Ten Eyck**, and **Doug Paul**, for taking time to teach, and for Drs. **Brooke Smith**, **Alex Keller**, **Christi Makas**, and **Brian Tucker** for representing the residency well. A shout out to WSU Surgical Residency grad Dr. Al McElroy for driving in from BFE to assist.

# 2014 OTOA Conference



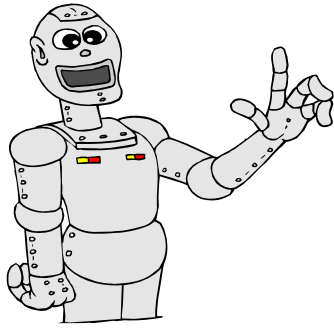
## ATHLETIC TRAINERS ASSOCIATION

The OTOA conference was followed by a trip to Indianapolis to speak at the National Athletic Trainers Association 65<sup>th</sup> Clinical Symposia. Athletic trainer and tactical medic **Woody Goffinett** and I spoke about the need for trainers to be ready for mass casualty management as their job (working at schools, public sporting events, etc.) puts them right on the “X” when it comes to terrorism and other criminal acts. To hammer home the point, Boston University athletic trainer Lawrence Venis spoke about his own gut-wrenching experience working at the Boston Marathon at the time of the bombings.

## DTEM

Graduation this year was a rough one, as I lost a class where half the residents were active with tactical EMS. Drs. **Brooke Smith** and **Alexander Bedard** are stepping in to fill the role as my TEMS chiefs and, with increased resident work hours and obligations, they will have their plates full. Meanwhile, the reach of the Division of Tactical Emergency Medicine continues to grow, as we have signed on to provide medical control for the southern Ohio region US Marshals and to provide self-aid/buddy-aid training for the Miamisburg (my ‘hood) Police Department. Tactical emergency medicine continues to grow in importance as a core component of “law enforcement medicine” and we at Wright State University continue to lead the way.

Until the next edition...



## Update from the Center for Immersive Medical Education and Research (CIMER)

- Ray Ten Eyck, M.D.

### SIMULATIONS

The worst winter in decades provided plenty of incentive to stay indoors and learn, in our case through simulation. We had opportunities to work with BSOM students with a wide variety of future aspirations. In addition to our recurrent activities with the Emergency Medicine Interest Group, we conducted sessions for the Internal Medicine Interest Group and the Anesthesia Interest Group. These activities were greatly enriched through the assistance offered by our residents and faculty who volunteered their limited free time to conduct the small group sessions, providing a hands-on experience for every student. I am grateful for the support provided by Drs.

**Rando, Moren, Bedard, Tucker, Broering, Rao, Trentini, Koroscil, Pearson, Brooke Smith, Eddie Smith and Jim Brown (AKA The Boss).**

We hosted the MS-2 class for clinical application simulations during their Cardiovascular, Respiratory and Renal Courses while continuing to work with MS-4s in the EM clerkship. Again, it was only through the strong support of our faculty that we were able to conduct over 50 small-group, high-fidelity simulations to facilitate hands-on clinical application in a safe environment for our second year students. Special thanks go out to Drs. **Vojta, Janz, Nelles, Brown, Fieg, Pickett, Pennington, Marco and Mann** for providing their time and talents.

In partnership with the Dayton VA Medical Center, we provided an avenue for MS-3s and MS-4s to complete ACLS training required for a number of offsite clerkships. The BSOM class of 2014 graciously voted to select our simulation lab as one of two recipients of the class gift. We were honored by their generous gift which we used to replace some well-worn intubation heads.

While continuing into our sixth year of interprofessional simulations with our residents and student nurses, we ventured into new territory with a student-initiated session which included BSOM students along with students from Wright State College of Nursing and Health and Cedarville College of Pharmacy. The organizing students did a great job and we all learned quite a bit which will help pave the way for future student level interprofessional sessions.

Interspersed with the resident simulation curriculum, we had opportunities to work with new groups including our cardiology fellows, who participated in an ultrasound guided pericardiocentesis lab, and community emergency physicians seeking some refresher training. We finished the academic year with our graduating seniors using the traditional set of cases designed to help complete their procedure logs, but more importantly help them develop the confidence and competence needed to respond to some of the low-frequency, high-risk procedures they may be called upon to perform in the ED in future years.



## Know-Nothing

John Wightman, Former Education Director

Yes, former. The Air Force's assignment process known as the Colonel's Game Plan chose not to reassign me this year, despite a little over four years on station since returning to active duty on Veteran's Day 2009. They also did not fill a key position within the 711th Human Performance Wing, from which somebody retired in April. I don't know how everything flowed, but somehow I became a by-name request to head up the Institutional Review Office for Air Force Research Laboratory (AFRL) starting this summer.

In my previous article for the *Update*, I discussed transformation. In this, my last article, I'll discuss transitions, the Chinese characters for which are *guò dù shí qī*.

过  
渡  
时  
期

Collectively, they depict “crossing between period of time, stage, or phase” – something I am clearly doing this year, and all of you out there will have to do at some point in your lives. Counting my time in EMS, 2014 marks 35 years in emergency medicine. Whew!

I will be maintaining my position as a Professor of Emergency Medicine, but will no longer be able to remain as involved as I would like or continue being considered core faculty for program accreditation purposes. I will continue to see patients periodically in the WPMC ED as my other duties allow. I'm going to keep taking the LLSAs for a while, but it's not likely I'll shell out the money for the ConCert exam in 2022 at the age of 63.

The research on the pictographs turned out to be very interesting, and brought me full circle back to my tattoo, particularly the two characters read vertically as *dào gōng*, or “the way of accomplishment through concentrated effort.”

道  
功

I never put in the academic and clinical effort “to advance my career.” I did it because I enjoyed it. That and the benefits to those I helped learn to practice and teach this wonderful specialty were worth putting in the time and energy.

You all need to follow your own paths (*dào*), and decide into what aspects of your lives you want to put your greatest efforts (*gōng*). The roots of these are choosing where you want to walk (*chuò*) initially (*shǒu*)

之 首 道  
with becomes

and when will be the right time to walk (*chuò*) over time (*cùn*) toward something else [i.e., transition] (*guò*).

之 寸 过  
with becomes

It is now my time to begin a journey with a different destination, but I'm leaving my duties in the capable hands of the remaining core faculty members.

As our newly appointed Assistant Residency Director [Civilian Component], **Stacey Poznanski** will be taking over my duties related to the didactic curriculum. She has been much of the driving force behind our recent changes, so she can guide those changes into the future. I was quite impressed by the academic quality of the resident-driven small-group discussions I attended in July.



# Research Results

- Jim Olson, Ph.D.

## GRANT FUNDED!

A research grant application submitted by Drs. **Trentini** and **Olson** was funded by the Emergency Medicine Foundation. In this study, we will explore the use of cerium oxide nanoparticles for treating ischemic brain injury. Cerium oxide is the same stuff you have in your catalytic converter. We will use a model of essential hypertension developed in collaboration with Dr. Yanfang Chen (WSU Department of Pharmacology and Toxicology). We have begun the first steps to bring this system to our research laboratory with valuable assistance by Dr. Sylvia Paesani.

## GRANT HOPEFUL

A pre-proposal sent by Drs. Ron Reikers and James Olson, in collaboration with Dr. Doug Ling (CUNY Brooklyn) received a favorable response from the Defense Advanced Research Projects Agency (DARPA). We currently are preparing a full proposal to submit to DARPA with the goal of developing a microwave interrogation device to measure brain physiology and pathology. This device may be used in conjunction with robotic prosthetic devices for amputees or to evaluate the anatomy and pathology of brain edema, ischemia, or brain hemorrhage in a non-invasive manner.

## SUMMER LABORATORY STUDENTS

Victoria Danis (Tory), a Masters student in the Department of Neuroscience Cell Biology and Physiology (NCBP) joined our laboratory to complete her required research selective. Tory will be analyzing data collected by previous by a former NCBP Masters student who completed her research in our laboratory, Amanda Gutwein (Mandy). Thousands of data points that Mandy collected from electrophysiology stimulation experiments must be processed; Tory is developing a computer spreadsheet to quickly perform these calculations. Her results will be incorporated into a manuscript based on Mandy's work.

A WSU undergraduate student, Madelyn Jones (Maddie) also has joined the laboratory for the summer. Maddie is performing quantitative imaging analysis to measure changes in neuronal volume during oxidative stress. She is balancing time in our laboratory with field research with faculty from Wright State University's Lake Campus to collect Paleolithic samples of shark teeth to evaluate the phylogenetic development of these species. Data from our lab will be used to measure the time course and magnitude of neuronal swelling during oxidative stress.

Other NCBP students in the laboratory, Courtney Moore and Augusta Eduafo are completing their research projects with the goal of graduation by the end of the calendar year. Finally Isaie Sibomana, a Biomedical Sciences Ph.D. student from Dr. Nick Reo's laboratory (Department of Molecular Biology) is using our cell culture facilities to maintain a neuronal cell line to determine the biochemical synthesis of plasmalogen, important for inhibition of oxidative cell damage in the brain.



## PUBLISHED PAPERS

Two manuscripts which I reported in the last *Update* as submitted are now published. Both use the model of essential hypertension mentioned above to examine the role oxidative stress plays in ischemic brain injury. These papers were written in collaboration with Dr. Yanfang Chen and a graduate student from China, Jiaolin Zheng who completed her doctoral research project in our lab with these research projects. Jiaolin is currently at the University of California, San Francisco working on another research project, but will return to China at the end of the year to assume a post-doctoral position at her university. The data that Jiaolin gathered and published in these manuscripts will be used as a starting point for grant applications to examine mechanisms causing oxidative stress in hypertensive patients who suffer an ischemic brain injury.

## LAB PHOTO JULY, 2014



**Left to right:** Nancy Andrews, Jim Olson, Amaal Salheih, Madelyn Jones, Augusta Eduafo, Guangze Li, Victoria Danis, April Daubenspeck, Urszula Warncke, Isaie Sibomana, and Courtney Moore

# Emergency Medicine Research

- Catherine A. Marco, M.D., FACEP

This has been an active year for clinical research among faculty, residents, and medical students. Congratulations to all who have presented their research, and best wishes to those working on projects and future presentations!

## CURRENT CLINICAL RESEARCH PROJECTS:

- *Altered Mental Status among Geriatric Trauma Patients:* **Catherine Marco, James Olson**, MS Ashley Edgell, MS Catherine Eggers, MS Chloe Sidley)
- *Pain Scores for Standardized Painful Stimuli Among Emergency Department Patients:* **Catherine Marco, Dennis Mann, J.R. Pickett, James Olson**, MS Catherine Eggers)
- *The Hunger Scale: Prediction of Disease Severity Among ED Patients with Abdominal Pain :* **Catherine Marco, James Olson, J.R. Pickett, Dennis Mann, Sara Birdsong**, MS Christopher Fagan, MS Catherine Eggers)
- *Multiculturalism and Emergency Department Patient Satisfaction:* **Catherine Marco, Dennis Mann, J.R. Pickett, James Olson, Nii Sai Torto**, MS Michael Harakas

## RECENT RESEARCH PRESENTATIONS: PRESENTED AT THE DAGMEC RESEARCH POSTER COMPETITION, APRIL 2014, DAYTON, OHIO

- *Smoking cessation: EPIC DC instructions and impact on patient perceptions of instructions:* **Larry Alcocer, Gabriel David, Alan Dupre**
- *Oral Vancomycin Monitoring during Treatment of Clostridium-Difficil Colitis: A Call to Change:* **Katie Imhof, Nate Kinder**
- *Case report: One Big Eye: A Rare Cause of Anisocoria:* **Taylor Baldwin**
- *Resuscitation in Accidental Hypothermia:* **Derek Broering**
- *Acute Viral Myocarditis in a 17-year-old Male:* **Christopher Smelley**
- *An Unexpected Result from the Heimlich Maneuver:* **Jonathan Henderson**
- *"Doctor, What Year Is It?" An interdisciplinary approach to altered mental status:* **John Trentini**

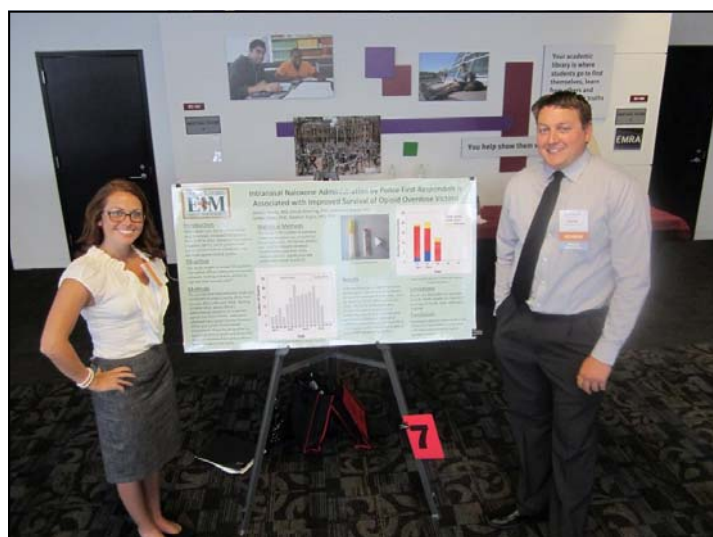
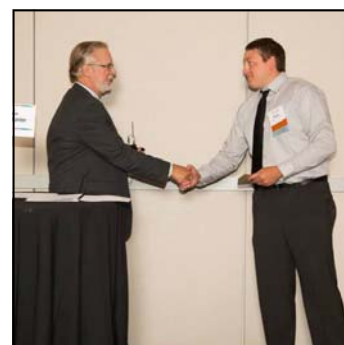
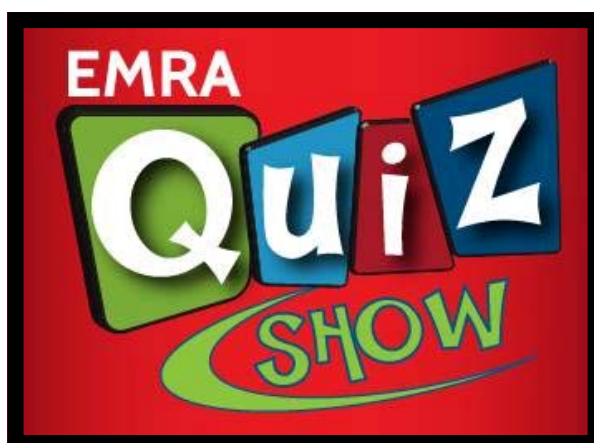
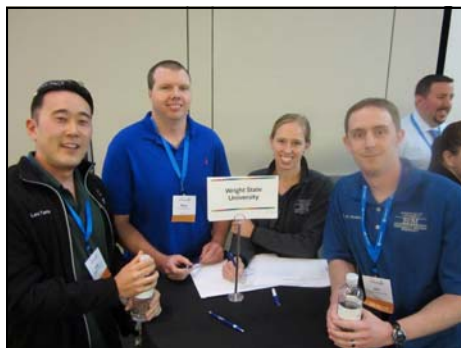
## RECENT PRESENTATIONS:

- *Intranasal Naloxone Administration by Police First-Responders is Associated with Improved Survival of Opioid Overdose Victims:* **Jessica Rando, Derek. Broering, James Olson, Catherine Marco**, Stephen. Evans): Ohio ACEP Resident Symposium, August 14, Columbus, Ohio



## OHIO ACEP

Congratulations to our WSU EM Residents at Ohio ACEP in Columbus! Congratulations to the First Place EMRA Quiz Show Team of **Rory Stuart, Leo Tanaka, Sara Birdsong, and Jonathon Henderson!** Congratulations to **Jessica Rando** and **Derek Broering** for Best Poster: "Intranasal Naloxone Administration by Police First-Responders is Associated with Improved Survival of Opioid Overdose Victims" Way to go!





## EMS

The EMS rotation finds itself once again reborn. The one month rotation and physician response vehicle program were eliminated this spring as part of the curriculum realignment. Residents will now do a 2 week administrative rotation and attend meetings, mass gatherings, and other didactic experiences. Residents who choose to get more involved with EMS have several opportunities: being assistant medical director for a fire department, performing EMS research, joining the Urban Search and Rescue Ohio Task Force I, and participating in prehospital protocol development. The Cadaver, Anatomy, and Procedure Lab for EMS is planning for it's \*gulp\* 9th year (damn I'm old) with **Jeremy Moore** at the helm. It promises to once again be a unique and much sought-after training experience. Several mass gathering events are on our radar as well: The USAF Marathon, Riverside 5K, Arnold Sports Festival, and Convoy of Hope.

## ORAL BOARDS

The oral board simulations are fast approaching. Residents are getting a lot more practice at these every week, so instructors should expect some very well prepared residents. Speaking of which, you should come volunteer! We will feed you lunch! November 11th and 25th, from 10 am-2 pm.

# PICKETT'S AFTER ACTION REPORT

- JR PICKETT, M.D.

## SOMA

This year will be my third heading up the TEMS and hands-on labs for the Special Operations Medical Association Scientific Assembly in December. It promises to once again be a great conference, and I'm getting comfortable enough with it that the process doesn't cause heartburn. Last year we had phenomenal help from **Alex Keller**, **Bridget Nestor-Arjun**, and **Nate Holloway**. Hope to see many of you there this year. It is moving permanently from its long-held home in Tampa, and the next conference after this year will be May 2016 in Charlotte.

## FUNDRAISER

WSU grad **Joey Mauro**, MD, Greg Kooyman, PA-C, Misty Steiner, RN and I had our heads shaved as a fundraiser for Mary Gaytko, one of our outstanding MVH ER nurses who was diagnosed with metastatic breast cancer at a very young age. Thanks to the generosity of many people, she got some breathing room on her expenses while enduring chemo. And we got to save money on barber bills for a few months.







## PERSONAL

Things in the Pickett household are always loud and fast paced with two obstreperous little girls. Julianna (the Princess of Chaos) started kindergarten last week, and Kaia the Destroyer is finding ways into absolutely everything at the age of 16 months. Becky is loving her full time job as a stay-at-home mom, though she is volunteering at our church and J's kindergarten class. We moved to a new home this spring, where we now have a basement for the kids to run around and a room for Becky and me to hide in. Rico the Rescue Dog became part of our family last fall and has wormed his way into the hearts of all who met him. Sukey remains spoiled rotten. For my part, it has been an interesting year. Fighting in my 4th judo tournament this spring, I broke my finger, necessitating the services of the always fantastic Dr. **Beth Berrettoni**, who put me back together with phenomenal skill and an unmatched bedside manner. Having rotated with her I can say that she is just as amazing on this end of the knife. Months of rehab later, I am now cleared to fight again, and working toward my next tournament next year. I also finished out my term in the Army Reserve and made the jump to the West Virginia National Guard. I am now the Battalion Surgeon for 2nd Battalion 19th Special Forces Group, a job which sounds cooler than it really is but still affords me the chance to work with some outstanding professionals. It's a great group to be with, and I am learning a huge amount that I would otherwise never have experienced.



## RETROSPECTOSCOPE: MONDAY MORNING QUARTERBACKING OF RESIDENCY

I was asked briefly, quietly and without threat of force to contribute to the *ED Update* concerning the transition from resident to attending. In any new job, profession, change of location, change of ANYTHING - there is a learning curve. How does one make the change from resident to attending with as little pain as possible, maintain excellent patient care, and pass the boards?

Emergency medicine is not something you can simply read, comprehend and practice. You could be an all-star medical student: top of the class, great "bedside manner" per OSCE, recollect the why and when of Grey-Turner sign and recite the sensitivity and specificity of Chvostek's sign but still completely SUCK at being an emergency physician.

JB has a study plan - see a patient, read on that patient's condition. I really like this approach - but don't stop at reading the section on COPD exacerbation in *Rosen's*! Read voraciously. Be hungry for knowledge, because wherever you end up may not have the resources MVH, KMH, CMC, or GSH has. When you see a patient who is sick you need to have 3 back-up plans. At least one will inevitably fail.

My first night on call on ICU at Kettering, I had a patient die. We coded him until his family got there and then stopped. This guy progressed through Vfib, asystole, PEA, back to Vfib, etc. I mention it because I probably made no difference - except when I talked to the family. Dr. Ten Eyck's training with sims helped me with the mechanics of the code. Good training in talking with people helped with my discussion with his family.

As chief I did too much administrative and "extracurricular" work versus ED experience. More shifts, more patients, and feeling very uncomfortable with your patient load prepares you better for the boards and for "real life" than off-service rotations and selectives. To be a great ER doc, you've got to spend time in the ER. You need to be able to successfully disposition patients. As a resident, you have the attending dictate your comfort level and disposition; after graduation, you will make that call.

Learn what you can from our military personnel; battlefield medicine has often been researched far longer and farther than civilian peer-reviewed data. Ask Dr. Johnson about ketamine. I cannot tell you how many times I have used ketamine in chronic pain or as an adjunct to standard therapy to "get ahead of the pain curve."

As your residency progresses, you should feel worse about your skills and realize you feel this way because your training is progressing normally. You should have more questions than answers. You will encounter emergencies you've read of, but have never seen! You need a plan and you may need help. You need to know how to talk to consultants. Tell your consultants what you see, what you are worried about and what you need from them.

I passed my boards. It's another hurdle in doing what you want to do. We are all experienced in jumping hurdles from pre-medical careers until now. I feared the boards and respected them. Colleagues who seek to test our knowledge create them, but I treated them as an adversary. Crush your opponent. Destroy them. WSU SMASH.

You are entering a world which you have sampled, but don't yet get. It's ok. There is always a learning curve. The gap between resident and attending narrows quickly when you are pushed to study harder, read more, and **see more patients**. Read literature but BE SKEPTICAL. Document EVERYTHING. Document too much. Stay late early in your career. Have an attending "grade" your documentation and accept their criticism graciously. Things do not get easier. You will feel low and you will struggle. You are not alone. Reach out to us - we're here, we've done that first year - trial by fire.

If you have any questions about EM, wilderness medicine, transitioning to attending life, questions about career etc, feel free to email me at [dr.embonk@gmail.com](mailto:dr.embonk@gmail.com).

"Do, or do not, there is no try." - Yoda

**John-Adam Bonk, M.D.**  
Clinical Affiliate Faculty  
WFU Department of Emergency Medicine  
Staff Physician, Moses Cone Hospitals, Greensboro, North Carolina



## ANNIVERSARIES

When I turned 52 I was struck by the profound thought that I had now surpassed the number of years with Ruth than the bachelor days before. I was pleased by my good fortune. The calendar has rapidly progressed: we just hit our 43 year anniversary. We celebrated by downing Italian cuisine within a booth, and sharing a dessert with more gusto and moans than was displayed by either of us on our honeymoon.

My most current reflection on the advancement of life startled me into the realization that I have not worked a shift in 2 years. A sense of devastating loss of contact with kids has transitioned to paying attention to kids at other opportunities. On my last Costco run, I spied a six-year-old funneling pennies into a velodrome-like apparatus benefitting the American Red Cross. I discreetly fished out 4 tightly-held pennies and placed them on top of the machine. Not directly committing a sin of touching the child nor leading his mother to interpret his acceptance as a transgression of stranger intolerance, I then stepped away and watched his joy. His "thanks Mister" was as rewarding as the reduced price on the lamb chops.

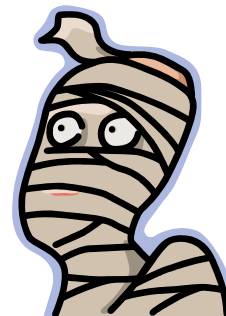
## MY OWN KIDS

Typical of those who retire with the intent of getting closer to family, I have complied with convention. I am told by Liz (the Indy daughter) that her two-year-old (the "Grahamster") has been so enthralled with my frequent visitations that he calls anyone attired in baseball hat and saggy-bottomed blue jeans "papa." Sadly, I suspect the little guy is the last of the grandkids.

Recently, I was adjacent to a mom in a parking lot. She was horrified that her 8-yr-old was actively engaged in booger-mining. "We will not go into the store with you doing that. It is disgusting!" His response was a fake insertion into the nostril followed by the wiping of his index finger on his 6-yr-old sister's shirt. "Eeeeew"; the child withdrew in my direction and the mother now saw me. As she withdrew a Kleenex and forced it to her son's nose, she stated, "I apologize for this behavior." I replied something to the effect that I was blessed with nine grandkids, whereupon she concluded, "I guess you understand." I do.

## FROM THE OTHER SIDE

- Jon Singer, M.D.



## "JESUS....HERNIA"

Few of you are old enough to remember the movie *Summer of 42*. I would recommend acquiring the dust-laden DVD from the library, especially those males with a confused recollection of their acquisition of secondary sexual characteristics and the recurring thoughts of how they could in theory be utilized with another person. The young man in the movie ultimately faces the gorgeous young lady he had been eyeing from afar. When she asks for his assistance in some labor, he awkwardly responds in the negative, claiming inadequacy due to a hernia. As he leaves her front porch he mutters the fabulous line, "Jesus...hernia."

Shortly after completing 2 inches of ice removal, cognizant that I have entered the "sudden-death-ice-and-snow removing" group of your ED clientele, I entered our home and exclaimed for Ruth and any other viewing audience of the *Winter of 14*, "Jesus...I think I just acquired a hernia." The right indirect sucker incarcerated in May, and I had to visualize receiving a dose of Versed and Morphine in order to get unwanted material out of my package. The half-hour struggle was enlightenment, panic, pain, and a near decision to visit the ED. What followed was an elective repair on Friday the 13th. At the time of this writing I am 4 weeks out. With the exception of an unrestricted and unwanted sneeze (I felt the tear) I think I recouped as I should have. By the time you read this article I will have reached near maximal wound healing, and based upon my current state project I will become one of those recipients of extraperitoneal patching who has persistent pain. It is not all bad in that I can still booger-mine. That's what counts. Hope you guys stay well and/or recover completely from whatever ails you.

## CHAIR BROWN KNOWS

- James Brown, M.D.



There have been considerable changes in the program since July 1st. Most notably, conference moved from Friday afternoon to Tuesday morning. We held our last Friday conference on June 30th. I have to admit, 7am conference time is taking some getting used to. It's also a bit strange to have Fridays free. It's especially strange to be at Cox on a Friday and not have the usual bustle and chaos that conference day would bring. In addition, we've moved YDC inside of the conference time and every other journal club is now held during conference.

We have 2 visiting professors coming in the near future. Michael Winestock from OSU, author of "Bouncebacks", will be speaking at conference on October 7th. And Greg Henry will be making an encore performance on October 14th. Both events promise to be interesting – come by if you can.

Finally, you will see that we will be having the alumni dinner at ACEP back at Quartino's on October 29th. I hope to see as many of our Chicago alumni as well as those attending ACEP as possible. It's always great to see everyone and get caught up on what's happening.

### CONGRATULATIONS

Congratulations to the class of 2014. They graduated on June 20th at the Dayton Racquet Club. You will all be missed. Below is a list of all of this year's graduates and where they are now working.

### Class of 2014

#### Emergency Medicine:

**Heidi Abraham, M.D.** LBJ Hospital, Memorial Hermann Medical Center, EMS fellowship (Houston Fire Department/University of Texas Medical School at Houston), Houston, TX

**Larry Alcocer, M.D.** Good Samaritan Hospital and Miami Valley Hospital, Dayton, OH

**Gabriel David, M.D.** Good Samaritan Hospital, Dayton, OH

**Alan Dupre, M.D.** Wright Patterson Medical Center, WPAFB, Dayton, OH

**Nathan Holloway, M.D.** Womack Army Medical Center, Pope AFB, NC

**Katie Imhof, M.D.** Sandhills Emergency Physicians, First Health Medical Center, Pinehurst, NC

**Jon Juhasz, M.D.** Wright Patterson Medical Center, WPAFB, Dayton, OH

**Alexander Keller, M.D.** 720th Special Tactics Group, Hurlburt Field, FL

**Nathan Kinder, D.O.** Malcolm Grow Medical Center, Andrews AFB, Washington, DC

**Bridget Nestor-Arjun, D.O.** David Grant Medical Center, Travis AFB, CA

**Scott Rubenstein, M.D.** 58th Rescue Squadron, Mike O'Callaghan Federal Medical Center, Nellis AFB, NV

**Edward Smith, M.D.** Broward General Medical Center, Ft. Lauderdale, FL

**Laura Stachowicz, D.O.** TriStar Summit Medical Center, Hermitage, TN

**Justin Warix, D.O.** Joint Base Elmendorf-Richardson Hospital, Anchorage, AK

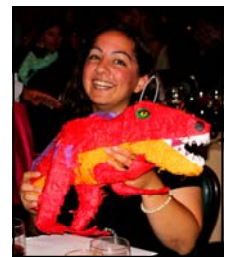
#### Sports Medicine Fellowship:

**Elliott Aguayo, M.D.** Florida Hospital: Tampa, Tampa, FL

**Vipul Patel, D.O.** Metroplex Hospital, Killeen, TX



## 2014 GRADUATION



## WELCOME

We would like to welcome the class of 2017 to the residency program. Below are the names of this year's first year class and which medical school they attended.

### Class Of 2017

#### Emergency Medicine:

**Doug Bias, M.D.**

Wright State University

**Allison Houston, D.O.**

Midwestern Arizona

**Eric Schott, M.D.**

USUHS

**Sarah Bohn, M.D.**

SUNY

**Tyler Kallsen, M.D.**

University of Oklahoma

**Prabu Selvam, M.D.**

University of Vermont

**Josh Burkhardt, M.D.**

Penn State

**Krystle Kern, D.O.**

Midwestern Arizona

**Deirdre Witte, M.D.**

Oregon Health and Science

**Russ Day, M.D.**

University of Alabama

**Rob Nichols, D.O.**

Midwestern Arizona

**Wenxia Zhao, M.D.**

Medical University of South Carolina

**Mackenzie Gabler, M.D.**

Oregon Health and Sciences University

**Michael Oertly, M.D.**

Ross University

#### Sports Medicine Fellowship:

**Benjamin Burkam, M.D.**

Northeast Ohio Medical University

**Ben Holland, D.O.**

Kansas City University

**Haley Sauder, M.D.**

University of Cincinnati

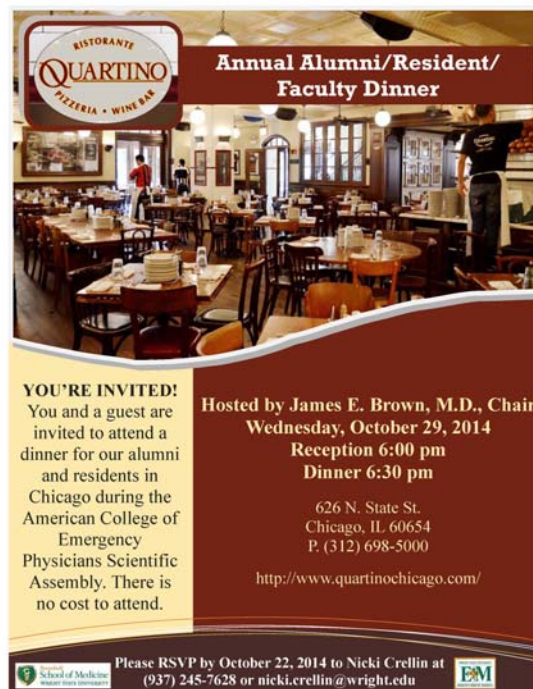
**Brian Purchase, D.O.**

Michigan State University

### ANNUAL ALUMNI/RESIDENT/FACULTY DINNER

We hope you can join us at this year's Annual Alumni/Resident/Faculty Dinner in Chicago, IL. The dinner will be held on Wednesday, October 29th. A reception will start at 6:00 pm with dinner beginning at 6:30 pm. The dinner, which is always held during the American College of Emergency Physicians Scientific Assembly, is a great way for alumni to reconnect with classmates and faculty. We hope to see you there! There is no cost to attend.

**Please RSVP to Nicki Crellin  
by October 22nd.  
(937) 245-7628  
[nicki.crellin@wright.edu](mailto:nicki.crellin@wright.edu)**



**YOU'RE INVITED!**  
You and a guest are invited to attend a dinner for our alumni and residents in Chicago during the American College of Emergency Physicians Scientific Assembly. There is no cost to attend.

**Hosted by James E. Brown, M.D., Chair**  
**Wednesday, October 29, 2014**  
**Reception 6:00 pm**  
**Dinner 6:30 pm**  
626 N. State St.  
Chicago, IL 60654  
P. (312) 698-5000  
<http://www.quartinochicago.com/>

Please RSVP by October 22, 2014 to Nicki Crellin at (937) 245-7628 or [nicki.crellin@wright.edu](mailto:nicki.crellin@wright.edu)