

Sinclair Community College, Division of Allied Health Technologies

ALH 210 – Introduction to Community Health Advocacy

CLASS #16 BROAD DETERMINANTS OF HEALTH AND PUBLIC HEALTH

Course Objectives:

Demonstrate general awareness of health care needs for individuals across the life span and related health care and social services

Class Objectives: Students will be able to:

Understand how health is related to food, shelter, education, jobs

Understand integrated nature of life choices and effect on health

- a. mental health
- b. nutrition
- c. exercise and physical activity
- d. dental health
- e. vision care

Describe how health issues are exacerbated by life issues

Discuss the culture of poverty

Understand essential public health services

Demonstrate an understanding of public health services and issues

Participants:

Instructors

Students

Guest speaker

Materials/Resources Needed:

Variety of headlines and news stories related to health both individual and population-based.

Equipment Needed:

1. Newsprint
2. Masking tape
3. Markers
4. Internet access and computer set up

Students are to have accessed the website below and participated in “new employee orientation” as a homework assignment.

<http://www.nynj-phtc.org/orientation/default.cfm>

Plan for the Class:

I. Questions, comments from class on last session (Documentation and HiEX)

II. Brief overview of Public Health

1. Faculty provides mini-lecture on public health:

Public Health carries out its mission through organized, interdisciplinary efforts that address the physical, mental and environmental health concerns of communities and populations at risk for disease and injury. Its mission is achieved through the application of health promotion and disease prevention technologies and interventions designed to improve and enhance quality of life. Health promotion and disease prevention technologies encompass a broad array of functions and expertise, including the three core public health functions:

- assessment and monitoring of the health of communities and populations at risk to identify health problems and priorities;
- formulating public policies, in collaboration with community and government leaders, designed to solve identified local and national health problems and priorities;
- assuring that all populations have access to appropriate and cost-effective care, including health promotion and disease prevention services, and evaluation of the effectiveness of that care

2. Class Discussion of Health Department roles based on their review of the above website. Cover the 6 obligations of public health:

Prevent epidemics and the spread of disease

Protect against environmental hazards

Prevent injuries

Promote and encourage healthy behaviors

Respond to disasters and assist communities in recovery

Assure quality and accessibility of health services

Break 15 minutes

III. Group activity: Samples of headlines and news stories will be distributed and students will identify where each fits under the 10 Essential Public Health Services (to be listed on newsprint):

- Monitor health status to identify community health problems
- Diagnose and investigate health problems and health hazards in the community
- Inform, educate, and empower people about health issues
- Mobilize community partnerships to identify and solve health problems
- Develop policies and plans that support individual and community health efforts

- Enforce laws and regulations that protect health and ensure safety
- Link people to needed personal health services and assure the provision of health care when otherwise unavailable
- Assure a competent public health and personal health care workforce
- Evaluate effectiveness, accessibility, and quality of personal and population-based health services
- Research for new insights and innovative solutions to health problems

IV. Conclusion

1. Quiz - Covers material from Class 7-14. Turn in quizzes and review answers and discuss in class.
2. Preview of next class – Health Disparities