

## Department of Surgery Faculty Development Series for Clinicians and Educators



Ramondelli Visiting Professor Lectureship
Jo Shapiro, M.D., FACS

Associate Professor, Otolaryngology-Head and Neck Surgery, Harvard Medical School

Consultant, Massachusetta Consultant Boot of Surgery

Consultant, Massachusetts General Hospital Dept of Surgery Principal Faculty, Center for Medical Simulation

## **Grand Rounds Presentation (CME)**

Peer Support: Mitigating the Emotional Stressors Faced by Clinicians and Educators

Wed, Sept. 25, 2024 at 7-8 a.m.

Location: Bieser Auditorium, Berry Women's Center, MVH

Join Dr. Shapiro as she delves into the acute and chronic stressors faced by clinicians and educators. Explore the cultural and structural barriers that have hindered effective emotional support, and understand the consequences of this gap. Discover how peer support can break down these barriers, ensuring that healthcare providers and educators receive the emotional care they need and deserve.

## Workshop (CME)

Practical Skills for Providing Peer Support Fundamentals to Improve Our Own and Our Colleagues' Resilience

Tue, Sept. 24, 2024 at 5:30-7:30 p.m. (Dinner will be served)

**Location: TBD** 

We will explore the essentials of providing support during stressful times. We will clarify what peer support entails and its boundaries to ensure we stay within our competencies. The session will include both didactic content and hands-on practice, featuring simulations with the facilitator and breakout sessions for participants to practice peer support skills. While not an extensive training, you will gain practical skills for informal peer support settings.

For more information contact
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CME Credit Available for both Grand Round and Workshop

RSVP for Workshop By Tue, September 10

Click the link above or use QR Code

